

Assemblyman Joe Destefano

To reach Assemblyman Destefano,
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Assemblyman Joe Destefano



Top of the Year Newsletter

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To my fellow Long Islanders,
This newsletter is a recap of the earliest weeks of the year, and
just a handful of things we've done in both Albany and here at
home. I want to thank you for taking the time to read this, and
I wish you all the best for the remainder of the year. If you have
any questions or concerns, please don't hesitate to reach out
to my office. Thank you.
Sincerely,
Assemblyman
Joe Destefano

EVENTS THAT HAPPEN

Thyroid Awareness Month

To draw attention to thyroid disorders and the impact they have on New Yorkers, I sponsored a measure in the Assembly recognizing January as Thyroid Awareness Month.

The main purpose of the thyroid is to create hormones that spread throughout the body and affect organs such as the brain, liver, heart, kidneys and the skin. These hormones also help control metabolism, digestion, body temperature and many other functions the body needs to perform.

Thyroid disorders are broken down into three conditions: hyperthyroidism (overactive thyroid disease), hypothyroidism (under-active) and various types of thyroid cancer.

According to the American Thyroid Association, 1 in 10 people suffer from a thyroid disorder, meaning that in the United States, 30 million Americans have been affected by one of these disorders, so it is crucial that the people of New York are aware of the dangers.



Fortunately, treatment is possible in many cases, but the public must remain alert, especially senior citizens, who are at a huge risk of developing a thyroid condition. It is recommended that people over 60 be checked for thyroid disorders and receive proper care.

My Assembly colleagues joined me in recognizing January as Thyroid Awareness Month, and I appreciate Gov. Hochul doing the same. (K00040)¹

Ribbon-Cutting - New Mastic Beach Library

On January 14, I had the distinct honor of attending the ribbon cutting ceremony for the brand-new Mastic Beach Branch of the Mastics-Moriches-Shirley Community Library. Our libraries are at the heart of our communities, and I am proud to see another one built and operated for the benefit of all of us. Many members of the community came out on this cold and cloudy day to see their new library, and I hope many more of you will pay a visit to the new location at 369 Neighborhood Road, Mastic Beach. Also, a special thanks to the library board members who put so much work into this project.



I was also joined by many of our great elected officials. Thank you to Brookhaven Supervisor Ed Romaine, Senator Dean Murray, Legislator Jim Mazzarella and Councilman Dan Panico for coming out. All three levels of government (the Town of Brookhaven, Suffolk County and New York State) were able to work together to get this done, and I look forward to working with them all again on any future projects.

Thank you also to the architects, builders, planning teams and everyone else who helped create such a beautiful library.

1. <https://nyassembly.gov/leg/?bn=K00040&term=2023>

Assemblyman Joe DeStefano

As your Assemblyman, I want to hear any concerns, questions, and ideas you might have so together we can continue to improve our community. Here's how to contact me:

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OPENED IN JANUARY



Meeting with Pat-Med Students

It was my pleasure to meet with Aileen Ramos and Michelle Rocano. These young women are seniors at Patchogue-Medford High School who are interested in furthering the Hispanic Youth Leadership Institute of Long Island Delegation Program. I was able to answer questions pertaining to public safety, immigration, the economy, teaching in our schools and opportunities for the less fortunate and immigrants in our community.

Caitlyn's Vision

On January 21, I swore in the new executive board for Caitlyn's Vision, a not-for-profit dedicated to helping children with eye diseases. Caitlyn Michiels has dedicated her young life to assisting other children who suffer from eye illness, and I'm honored to have been personally invited by Caitlyn and to swear her into her role.



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Student of the Month

I had the privilege to give Certificates of Merit to one of Patchogue-Medford's Students of the Month, Susan Dominici, on January 20. Our children are our future, and we must make sure they get the best education possible. "The Difference between Ordinary and Extraordinary is that Little Extra." - Jeunesse



Bipartisan Meeting to Address Mastic Beach Flooding

On January 27, we had a very productive meeting to address the flooding concerns of the Mastic Beach community. All branches of the government are working through bipartisan cooperation, along with community groups and other

organizations, to tackle this issue and bring relief to the area. This includes state Senator Dean Murray, Suffolk County Legislator Jim Mazzarella, Town Councilman Dan Panico and representatives from the Brookhaven Town Highway Department.



"May the Year of the Rabbit bring you much energy, a good job, and many friends."

– Assemblyman Joe DeStefano

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