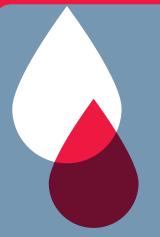


## Donate blood

You could save 3 lives...





JOIN
Assemblyman
John Mikulin
at his Winter
Blood Drive



## **Save Lives This Winter!**

Assemblyman John Mikulin and The Levittown Fire Department are teaming up for a Winter Blood Drive.

Thursday, January 30, 2020
2:30 pm - 8:30 pm
Levittown Fire Department
120 Gardiners Avenue
Levittown, NY
Ronald T. Kerwin Meeting Room

WALK-INS WELCOME or call Assemblyman Mikulin's office to schedule an appointment: (516) 228-4960

Blood banks are always looking for eligible donors. The blood YOU donate today can save someone else's life tomorrow! To be a donor you must:

- Bring a valid photo ID or signature identification
- Weigh at least 110 lbs
- Be between the ages of 16 and 76
- 16-year-olds must have parental permission
- Those over the age of 76 must have a doctor's note
- Eat well and be hydrated prior to your appointment
- Have not gotten a tattoo within the past 12 months (unless applied in New Jersey)



JOHN BLYMAN

For more information on this or any legislative matter, contact my district office at: 1975 Hempstead Turnpike, Suite 202, East Meadow, NY 11554 (516) 228-4960 • Mikulinj@nyassembly.gov