

# IMPORTANT LOCAL CONTACTS

**NEW YORK CITY DEPARTMENT FOR THE AGING**  
 2 Lafayette Street, 7th Floor, Hauppauge, NY 10007  
 1-212-639-9675 (outside the boroughs of NYC)  
 311 (inside the five boroughs of NYC)

## NY CONNECTS: Your link to

Long-Term Services and Supports.....1-800-342-9871

## U.S. GOVERNMENT AGENCIES

Federal Information Center (for all locations) .....1-800-333-4636  
 Internal Revenue Service - Information Line .....1-800-829-1040  
 Lawyers' Fund for Client Protection .....1-518-434-1935  
 Medicare Hotline .....1-800-633-4227  
 Social Security Administration Hotline .....1-800-772-1213  
 TTY .....1-800-325-0778  
 Department of Veterans' Affairs.....1-800-827-1000

## NEW YORK STATE DEPARTMENT OF HEALTH

The Official Health Plan Marketplace .....1-855-355-5777

## TOLL-FREE HELPLINES &

AARP .....1-202-434-2277  
 AMAC (Association of Mature American Citizens).....1-888-262-2006  
 Alzheimer's Association .....1-800-272-3900  
 Leading Age .....1-202-783-2242  
 American Cancer Society Response Hotline .....1-800-227-2345  
 American Diabetes Association .....1-800-342-2383  
 American Diabetes Assoc. Professional Membership and Subscription Line .....1-800-232-3472  
 American Heart and Stroke Association .....1-800-242-8721  
 American Lung Association .....1-800-586-4872  
 Arthritis Foundation Information Line .....1-800-283-7800  
 National Cancer Institute .....1-800-422-6237  
 National Consumer Voice for Quality Long-Term Care .....1-202-332-2275  
 National Committee to Preserve Social Security / Medicare .....1-800-966-1935  
 National Hospice Organization .....1-800-658-8898  
 National Institute on Aging .....1-800-222-2225  
 Parkinson's Disease Foundation .....1-800-457-6676  
 NYS Division of Veterans' Affairs.....1-888-VETS-NYS  
 1-888-(838-7697)

**For more information regarding the EPIC program, call 1-800-332-3742 (TTY: 1-800-290-9138).**

- To join EPIC, a senior must:**
- Be a New York State resident age 65 or older;
  - Have an annual income below \$75,000 if single or \$100,000 if married;
  - Be enrolled or eligible to enroll in Medicare Part D (no exceptions); and
  - Not be receiving full Medicaid benefits.

This year's budget included \$93.2 million to help seniors afford their medications.

The Elderly Pharmaceutical Insurance Coverage (EPIC) program is a New York State program for seniors administered by the Department of Health.

## What is EPIC?

## 2023 SENIOR BULLETIN

ASSEMBLYMAN **MICHAEL TANNOUSIS**  
 STATEN ISLAND-BROOKLYN

New York State Assembly  
 Albany, NY 12248

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## Local, State, and Federal Resources Inside

## 2023 SENIOR BULLETIN

ASSEMBLYMAN **MICHAEL TANNOUSIS**  
 STATEN ISLAND-BROOKLYN



# Golden Park Program

ASSEMBLYMAN **MICHAEL TANNOUSIS**  
STATEN ISLAND-BROOKLYN

If you are a New York State resident 62 or older, on any weekday (except holidays), you can obtain:

- **Free vehicle access to state parks, boat launch sites, and arboretums; and**
- **Fee reduction to state historic sites and state-operated golf courses.**

Simply present your currently valid New York State Driver License or New York State Non-Driver Identification Card.\*

For locations with pay stations, please contact the facility directly for information. For information about facilities where this program is valid, contact the nearest state park or state park regional office.

**New York City Region 1-212-866-3100**

**New York State Parks**  
**Albany, NY 12238**  
**1-518-474-0456**

TTY/TDD through 711 Relay Service

*\*A New York State Driver License or a New York State Non-Driver Identification Card may be obtained from your local Motor Vehicle office. You may want to contact them first to be certain you bring the required forms of identification.*



## What is RSVP?

**The Retired and Senior Volunteer Program (RSVP)** has nearly 3,000 volunteers who are 55+ at hundreds of nonprofit agencies throughout New York.

It provides life-changing opportunities for volunteers aged 55 and over.

It helps meet the critical needs of communities by mobilizing tens of thousands of hours of volunteer service.

It strengthens public and nonprofit agencies by matching skilled volunteers with vital programs and services.

**For more information regarding the RSVP program, email [info@cssny.org](mailto:info@cssny.org) or call 1-212-254-8900.**

## What is NY Connects?

NY Connects helps anyone who needs information on long-term services and supports children with disabilities, older adults, family members and caregivers, friends or neighbors, veterans, and helping professionals.

**NY Connects can help you ...**

- Find care and support
- Remain independent
- Understand care options
- Find transportation
- Learn about supports in caregiving
- Find supported employment programs
- Get answers about Medicare
- Apply for medical and other benefits

**For more information regarding NY Connects, visit [www.nyconnects.ny.gov](http://www.nyconnects.ny.gov) or call 1-800-342-9871.**

## What is the Long Term Care Ombudsman Program?

**The Ombudsman Program provides FREE advocacy and resources for people who reside in long-term care facilities such as nursing homes, assisted living, and adult-care facilities.**

If you or someone you know in long-term care needs an advocate, or you are looking to make a difference, become an Ombudsman volunteer today.

**Please call the Ombudsman Program for more information**

New York City Region .....1-888-855-9807



**Office of the State Long Term Care Ombudsman**

ASSEMBLYMAN **MICHAEL TANNOUSIS**  
STATEN ISLAND-BROOKLYN

For information on these or any legislative matters, please contact Assemblyman Michael Tannousis at:

7716 3rd Ave., Brooklyn, NY 11209  
718-439-8090 • [tannousism@nyassembly.gov](mailto:tannousism@nyassembly.gov)

