



## **Weekend Update- 3-D Mammogram Bill Signed into law, Shred-a-thon, Community Holiday Celebration and more!...**

### **A MESSAGE FROM *Assembly Member Rebecca A. Seawright***

Dear Neighbor,

I am proud to announce that the Governor signed my legislation to ensure access to early breast cancer detection with 3D mammograms. This week we brought the community a Cornell Tech Town Hall, a Forum with Community Board 8 on the incidence of asthma in Manhattan and a college affordability information session. Today, as a Member of the Judiciary Committee, I spoke at a hearing regarding funding for legal services for community organizations.

Please join us for upcoming events that I am co-sponsoring in our community:

- *Shred-a-thon*, last shred of the season at the East 82nd Street Greenmarket from 10am until 2pm on Saturday, December 2.
- *Council District 5 Mayoral Town Hall* at 8pm on Thursday, December 7.
- *An informational forum on Access-a-ride* at 6pm on Thursday, December 14.
- *A Community Holiday Party* at Hunter College on Monday, December 18.
- *Search and Care Tea and Creativity* every Wednesday.

Stay in touch with my office about any issues that are important to you. As always, we are just a visit, call or email away.

Sincerely,

A handwritten signature in black ink that reads "Rebecca A. Seawright".

REBECCA A. SEAWRIGHT

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**AS FEATURED IN...**



## **Cuomo Signs 3D Mammography Legislation**

*Posted: Nov 30, 2017 10:17 AM EST*

*Updated Nov 30, 2017 10:28 AM EST*

Gov. Andrew Cuomo signed legislation Wednesday requiring health insurers to cover 3-D mammography for breast cancer screenings.

[Wednesday was the deadline](#) for Cuomo to either sign the bill into law or veto it.

The legislation was sponsored by Republican state Sen. Joseph Griffo and Democratic Assemblywoman Rebecca Seawright.

3D mammography creates a more detailed picture than traditional 2D methods, making it easier to catch breast cancer early.



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**IN ALBANY**

### ***Seawright's 3-D Mammography Screening Bill Signed Into Law***

*Legislation to ensure access to early breast cancer detection*

ASSEMBLY MEMBER REBECCA A. SEAWRIGHT ON HER SIGNED 3-D MAMMOGRAM LEGISLATION

*"EARLY DETECTION IS CRITICAL. AT A TIME WHEN THE FEDERAL CLIMATE IS STRIPPING WOMEN'S HEALTH COVERAGE, LOCAL GOVERNMENT MUST ACT, AND WE DID," SAID ASSEMBLY MEMBER REBECCA A. SEAWRIGHT*



**NEW YORK, N.Y. – On November 30, 2017, Assembly Member Rebecca A. Seawright announced that A.5677/S.4150, legislation which would expand access to breast cancer screenings without cost sharing, to include breast tomosynthesis screenings also known as 3-D mammography, was signed into law by Governor Cuomo. In March 2017, Seawright obtained passage of this bill 146-0 in the Assembly and in June 2017 the bill was passed in the Senate by Senator Joseph Griffo.**

**Breast tomosynthesis or 3-D mammography uses x-rays to collect multiple images of the breast from several angles and creates a 3-D image of the breast. Studies have shown that it is more effective in detecting cancer in dense breast tissue. Dense breast tissue is one of the strongest predictors of risk for breast cancer.**

**"It is important to continue to expand access to breast cancer screenings and New York State is a leader in this movement. Breast cancer is one of the most common cancers in New York State. Each year in New York, over 15,000 women are diagnosed with breast cancer. This bill clarifies that insurers would cover 3-D mammograms without co-pays or deductibles. Early detection is critical. At the time when the federal climate is stripping women's health coverage, the local government must act, and we did," said Assembly Member Rebecca A. Seawright (D- Upper East Side, Yorkville and Roosevelt Island).**

**"A breast cancer diagnosis can have a significant, life-changing impact on the lives of women and men and their families," said Senator Joseph Griffo (R-Rome). "We must ensure that women and men have access to the best methods available when it comes to getting screened for breast cancer. Now, they will have another tool to better protect them from this horrible disease. I appreciate the Governor signing my legislation into law and for seeing what a valuable resource 3-D mammography can be."**

**"Today we made early detection of breast cancer more possible for millions of New Yorkers. This action assures that insurance coverage for tomosynthesis, a proven diagnostic treatment for detecting breast cancer, will now be protected by the law. Up to**

now, insurance coverage was not clear, in fact many carriers refused coverage for this life saving test. Confusion persisted even after the New York State Department of Financial Services put out guidance declaring it a covered procedure. Now, thanks to the good work of Assemblymember Rebecca Seawright and the patient advocates she worked so closely with, access to the test will be available in all appropriate circumstances. It is this kind of activism and advocacy for which the State Assembly stands for," stated Assembly Member Kevin Cahill, Chair of the Standing Committee on Insurance.

"Digital breast tomosynthesis (DBT) provides higher cancer detection rates and fewer patient callbacks for additional testing, saving time and reducing stress for patients as well as reducing the costs of multiple screenings. The passage of this legislation means that more women will have access to this potentially life-saving cancer screening, " said Dr. Elizabeth Morris, Chief, Breast Imaging Service, Memorial Sloan-Kettering Cancer Center.

"3-D mammography has been shown in recent studies to find more cancers than more traditional forms of breast screening, as well as resulting in fewer false positive test results. A false positive result can create an extreme physical and psychological toll on the patient, as well as creating the need for further testing. I am pleased to be a sponsor on this bill because it will require insurers in New York to cover this procedure, which is rapidly gaining popularity in the medical community, and which is proving to be a more reliable form of screening for breast cancer," said Assembly Member Anthony Brindisi (D – Utica).

"Today is a momentous day for the people of the state of New York," said Dr. Christy Gamble, Director of Health Policy and Legislative Affairs at the Black Women's Health Imperative. "At a time when we are urging federal policymakers to ensure all people, regardless of their income, health status, or geographic location have access to affordable, quality health coverage, it's comforting to know that there are state policymakers, such as Assemblywoman Seawright, who are fighting to remove the barriers to life-saving health care for residents of their state. Although the incidence of breast cancer is nearly the same, black women have a 41% higher rate of mortality from breast cancer when compared to their white counterparts. In addition, black women tend to have much denser breast tissue, which is a strong predictor of breast cancer. This law will expand access to breast tomosynthesis (or 3D mammography), an innovative technology that has the potential to save the lives of many women by providing an earlier and more accurate diagnosis of breast cancer. This is especially true for women with dense breast tissue. Early detection remains the key to improving breast cancer survival rates for black women and all women in the state of New York."

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## ***Seawright Participates in Judiciary Committee Hearing on the 2018-19 State Budget***



**New Laws Taking Effect – December 2017**

<b>Effective Date</b>	<b>Chapter Number</b>	<b>Bill Number</b>	<b>Summary</b>
12/1/2017	Ch. 307 of 2017	<u>A.5740-A</u> <u>S.1567-A</u>	<b>***SEAWRIGHT LEGISLATION TAKING EFFECT ***Requires the state Board of Elections to post online the campaign websites of candidates for governor, lieutenant governor, attorney general, state comptroller, state Senate and Assembly.</b>
12/11/2017	Ch. 287 of 2017	<u>A.5165</u> <u>S.1852</u>	<b>Requires the Division of Veterans' Affairs to post contact information for each New York State veterans' nursing home on its website.</b>
12/11/2017	Ch. 404 of 2017	<u>A.1105-B</u> <u>S.946-A</u>	<b>Waives New York State civil service exam application fees for veterans who were honorably discharged or released under honorable circumstances.</b>
12/12/2017	Ch. 313 of 2017	<u>A.7684</u> <u>S.4173-A</u>	<b>Requires the New York City Department of Education to post the results of school kitchen and cafeteria inspections on its website.</b>
12/19/2017	Ch. 196 of 2017	<u>A.7569</u> <u>S.5430</u>	<b>Authorizes public safety officials of a local correctional facility to transfer custody of an inmate to an Office of Mental Health secure facility to receive mental health treatment.</b>
12/19/2017	Ch. 200 of 2017	<u>A.7635-A</u> <u>S.6005-A</u>	<b>Allows employees of entities that contract with school districts and educational institutions, such as school bus drivers, to administer an epinephrine auto-injector in emergency circumstances.</b>
12/22/2017	Ch. 379 of 2017	<u>A.2534</u> <u>S.3498</u>	<b>Ensures that female inmates in state correctional facilities have access to rehabilitation programs equivalent to those provided to male inmates, including vocational, academic and industrial programs.</b>
12/22/2017	Ch. 388 of 2017	<u>A.7768</u> <u>S.5903</u>	<b>Adds geological services to the current list of professional services procured through the qualifications-based selection process for New York State</b>

			contracts.
12/22/2017	Ch. 389 of 2017	<u>A.8051</u> <u>S.6053</u>	Prohibits health insurance companies from requiring prior authorization for services provided in a neonatal intensive care unit (NICU) of a general hospital.
12/31/2017	Ch. 513 of 2016	<u>A.8182-A</u> <u>S.5676-A</u>	Requires child care providers in New York City to post a performance summary card of their previous inspections from the Department of Health and Mental Hygiene.
12/31/2017	Ch. 225 of 2017	<u>A.8279-A</u> <u>S.5747-A</u>	Extends the Department of Environmental Conservation's authorization to limit commercial fishing licenses until 2018.

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## IN OUR COMMUNITY

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### *Cornell Tech Community Town Hall*



***On Monday, November 27, Assembly Member Seawright, Congresswoman Maloney, Senator Serrano and Council Member Kallos hosted a community town hall to address the concerns***

***of the Roosevelt Island community for the impact of the new Cornell Tech on the past, present and future of island life.***

***"We convened this meeting to talk about Cornell Tech's Impact on Island Life: Past, Present and Future. As Cornell begins completion of Phase One of development with construction set to begin on the Hotel and the Verizon Conference Center, we thought it was the right time to reflect on the Roosevelt Island community. Cornell Tech is already an international leader in the academics of the digital age. Its extraordinary architecture has become a destination for many and a sight to be seen. Cornell Tech is truly an example of how the union of infrastructure and innovation can transform a state and a city. Tonight we are focused on the neighborhood. How has Cornell Tech blended into the town-- this two mile strip of land in the middle of the East River? Now, that the relationship is moving from construction to community engagement, it is time to learn more about that partnership," said Seawright.***



***The crowd gathers in the Good Shepherd Community Center.***





*The Girl Scouts made posters to thank Cornell Tech for their work with youth on the island.*



*RIOC CEO Susan Rosenthal addresses the crowd and provides an update on community events including the tree lighting on Friday, December 8.*

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## ***Seawright Hosts Asthma Forum with Community Board 8 in Response to the East 91st Street MTS***



***Seawright presents her Asthma Study Bill, A7214 which passed both houses and calls for the Department of Health to conduct a study on the high incidence of asthma in Manhattan at a forum with Community Board 8. Dr. Newman, a Respiratory Specialist with New York Health and Hospitals spoke about causes and prevention of asthma. Valerie Rifkin, constituent and environmental consultant spoke about the consequences of building a waste transfer station in a residential community with already unprecedented rates of asthma.***



***(Left to right) Environmental Consultant Valerie Rifkin, Dr. Thomas Newman, Community Board 8 Health, Seniors and Social Services Co-chairs Barbara Rudder, David Liston and Jacqueline Ludorf sit on the panel.***



*Chair of MTS Community Advisory Group (CAG) Carol Tweedy answers questions related to the work timeline and truck specifications for attendees.*



*District Leader and long time activist Jill Eisner continues to work to fight the waste transfer station at East 91st Street.*



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## ***College Affordability and Excelsior Scholarship Information Session***



**On Thursday, Assembly Member Seawright, Senator Liz Krueger and Council Member Kallos hosted an information session on College Affordability and the Excelsior Scholarship Program. In her remarks, Seawright explained the importance of an affordable education for all.**

**"We must recognize that we as a society do not have the luxury of considering education to be a luxury. Education is a right not a privilege! It is both the key to fulfilling individual student's dreams**

**while meeting the demands of an evolving workforce, changing technologies and a dynamic, global economy. Support for college affordability is very much about support for a stable tax base of graduates and their families who remain in our state and contribute mightily to the quality of life of our community. It is the underpinning of a healthy and vigorous society. As the proud parent of two impressive graduates of the New York city public school system and who currently attend public colleges and universities, I understand how important affordable access to education is for families in New York State," said Seawright.**

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## **UPCOMING SEAWRIGHT SPONSORED EVENTS**

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**ASSEMBLY MEMBER**  
**Rebecca A. Seawright**

**COMMUNITY  
HOLIDAY  
CELEBRATION**

**Monday, December 18**

**5:30pm-7:30pm**

**HUNTER COLLEGE**

695 PARK AVENUE  
8TH FLOOR, WEST BUILDING  
(ENTER AT SW CORNER OF 68TH STREET  
AND LEXINGTON AVENUE)

*Refreshments will be served. Wheelchair accessible.*  
RSVP 212.288.4607 or [SeawrightR@NYAssembly.gov](mailto:SeawrightR@NYAssembly.gov)



**Council Member Ben Kallos**

with U.S. Representative Carolyn B Maloney  
State Senator Liz Krueger  
& Assembly Member Rebecca Seawright  
present

WORKING FOR **COUNCIL DISTRICT 5**

# TOWN HALL

- with -

## Mayor Bill de Blasio

**THURSDAY, December 7<sup>TH</sup> at 7:30pm**

DOORS OPEN AT 6:30PM AND CLOSE AT 8:00PM

**FIRST COME, FIRST SEATED**

**Julia Richmond Education Complex**

**317 E. 67<sup>TH</sup> Street, New York, NY 10065**

(Entrance on 68<sup>th</sup> street between 1<sup>st</sup> and 2<sup>nd</sup> Avenues)

**Space is limited - please RSVP by December 6<sup>th</sup> at 5PM**



**TOWN HALL CO-SPONSORS**

Lenox Hill Neighborhood Houses  
Manhattan Community Board 8

**TO RSVP**

**Visit:** [www.nyc.gov/cd5townhall](http://www.nyc.gov/cd5townhall)  
**Email:** [manhattantownhall@cityhall.nyc.gov](mailto:manhattantownhall@cityhall.nyc.gov)  
**or Call:** (212) 788-8526

ACCESS PROVIDED:

Please contact us if you have any additional accessibility needs.

# Forum on Access-A-Ride

Improving A Vital Transportation Resource  
For New Yorkers With Disabilities



The MTA-run Access-A-Ride system currently serves about 150,000 New Yorkers who are otherwise cut off from the city's public transit system due to a disability. Join me as I discuss the finer points of this crucial transportation resource with riders and advocates, and hear from the MTA about their current efforts to upgrade and improve AAR service.

**Thursday  
December 14th  
6pm to 8pm**

**Mount Sinai Downtown  
10 Union Square East  
Btwn 14<sup>th</sup> and 15<sup>th</sup>  
2<sup>nd</sup> Floor Conference Rm**

(Union Sq, ADA Accessible Subway Stop)

#### Representatives From:

- Metropolitan Transportation Authority (MTA)
- AARRG! Coalition (Access-A-Ride Reform Group)
  - Center for Independence of the Disabled, NY (CIDNY)
  - CIDNY Brooklyn
  - Mobilizing for Justice (MFJ)
  - NY Lawyers for the Public Interest (NYLPI)

**Sponsored By State Senator Liz Krueger**

Co-Sponsored by:

Comptroller Scott Stringer | Public Advocate Letitia James | Congresswoman Carolyn Maloney  
State Senator Brad Hoylman | State Senator-Elect Brian Kavanagh  
Assembly Members Richard N. Gottfried, Rebecca A. Seawright, and Dan Quart  
City Council Members Dan Garodnick, Ben Kallos, and Rosie Mendez

**RSVP** at <http://tinyurl.com/Access-A-Ride> or by calling (212) 490-9535.





*Search and Care*  
No one should fall through the cracks

COME AND GET CRAFTY WITH OUR...  
**TEA & CREATIVITY**  
GROUP

generously funded by  
Brick Presbyterian Church

Co-sponsored by  
Assembly Member  
Rebecca Seawright  
& Assembly Member  
Robert J. Rodriguez

Wednesdays  
2:00pm-3:30pm

1844 Second Avenue  
New York, NY 10128  
(212) 289-5300



NO PREVIOUS ART EXPERIENCE NEEDED!

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## NEWS YOU CAN USE

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### **New Park Space Opens On Upper East Side Esplanade**

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# ***A Message from Con Edison: Light Up Your Holidays Safely and Efficiently***



**NEW YORK – Colorful holiday lightening in a home or yard can brighten spirits and remind us that this is the season of good cheer.**

**Con Edison wants its customers in New York City and Westchester County to enjoy lighting up their homes, and reminds them to do it safely and in a way that doesn't jack up**

**their energy costs.**

**As always, safety first. Here are some tips:**

- **Look for the UL label and carefully read instructions on your lights and other devices that require interior or exterior connections to ensure safety. The label means the product has undergone evaluation by a recognized product safety organization. Buying certified products lessens the chances of shock or fire.**
- **Do not use inside lights outside.**
- **Check electric cords for worn spots or fraying. Replace cords that are worn or frayed.**
- **Don't place electric cords under carpets or furniture.**
- **Never attempt to retrieve an electrical product that has fallen in water.**
- **Never staple or nail cords to walls or baseboards.**
- **[Don't overload outlets or powers strips. Overheated wires start fires.](#)**

**A robust holiday lighting display is going to affect your electric costs. But you can control your extra costs with a few simple steps.**

- **If your lights are old, replace them with LEDs.**
- **Set timers for lights to automatically turn on when it gets dark and turn off at night. You can save money by keeping your lights on from 6 p.m. to midnight, instead of all night long.**
- **Look for the Energy Star label on lighting and any electronics or appliances you buy as gifts. These models meet stricter standards and can reduce energy usage up to 40 percent compared to standard models.**
- **Use power strips. To save energy, shut off power at the strip when the appliances are not used.**

**Con Edison is a subsidiary of Consolidated Edison, Inc. [NYSE: ED], one of the nation's largest investor-owned energy companies, with approximately \$12 billion in annual revenues and \$49 billion in assets. The utility provides electric, gas and steam service to more than 3 million customers in New York City and Westchester County, N.Y.**



# HIRING EMERGENCY SNOW LABORERS

Help DSNY after major storms

**REGISTER NOW!**



The New York City Department of Sanitation is now hiring people to work as emergency snow laborers. Interested? Register at your local Sanitation garage. Snow laborers are per diem workers who shovel snow and clear ice from bus stops, crosswalks, fire hydrants, streets and other areas in the City after heavy snowfalls.

Register with DSNY weekdays between 7 a.m. and 3 p.m., at one of the following locations found on the back of this page, or at [www.nyc.gov/dsny](http://www.nyc.gov/dsny). Snow laborers will earn \$15 per hour, and \$22.50 per hour after 40 hours are worked in a week.

**Snow laborers must be:**

- At least 18 years of age
- Eligible to work in the United States
- Capable of performing heavy physical labor

**All applicants must bring the following items at the time of registration:**

- Two small photos (1 ½ square)
- Original and copy of two forms of identification
- Social Security card



# Registration Locations

## DSNY Bronx locations

- 680 East 132nd Street
- 720 East 132nd Street
- 800 East 176th Street
- 423 West 215th Street
- 1635 East 233rd Street
- 650 Casanova Street
- 1331 Cromwell Avenue
- 800 Zerega Avenue
- 850 Zerega Avenue

## DSNY Brooklyn Locations

- 5100 1st Avenue
- 127 2nd Avenue
- 5602 19th Avenue
- 1755 Atlantic Avenue
- 105-02 Avenue D
- 105-01 Foster Avenue
- 922 Georgia Avenue
- 465 Hamilton Avenue
- 525 Johnson Avenue
- 2501 Knapp Street
- 606 Milford Street
- 2012 Neptune Avenue
- 690 New York Avenue
- 1397 Ralph Avenue
- 1824 Shore Parkway
- 161 Varick Avenue

## DSNY Manhattan locations

- 4036 9th Avenue
- 606 West 30th Street
- 650 West 57th Street
- 343 East 99th Street
- 110 East 131st Street
- 125 East 149th Street
- 301 West 215th Street
- South St. Pier 36
- 353 Spring Street

## DSNY Queens locations

- 34-28 21st Street
- 120-15 31st Avenue
- 58-73 53rd Avenue
- 48-01 58th Road
- 52-35 58th Street
- 52-35 58th Street
- 153-67 146th Avenue
- 130-23 150th Avenue
- 51-10 Almeda Avenue
- 132-05 Atlantic Avenue
- 75-05 Winchester Boulevard

## DSNY Staten Island locations

- 539 Jersey Street
- 2500 Richmond Avenue
- 1000 West Service Road

## DOT locations

- Flatbush Yard  
2900 Flatbush Avenue  
Brooklyn, NY
- Bronx Yard  
258th Street & Mosholu Avenue  
Bronx, NY
- Long Island City  
5-40 44th Drive  
Queens, NY
- Kew Loop Yard  
78-88 Park Drive East  
Queens, NY
- Harper Street Yard  
32-11 Harper Street  
Queens, NY



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# **ROOSEVELT ISLAND**

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NEW YORK STATE OF OPPORTUNITY | Roosevelt Island Operating Corporation

Presents Our Annual

# TREE LIGHTING CEREMONY

*Friday, December 8th at 7 pm*

Bring the kids for a free night of music, gifts, prizes and more!

*The Lawn South of Rivercross  
(501 Main St.)*



**Special Thanks to Our Generous Contributors**

Hudson Companies, Urban American, Wholesome Factory, Piccolo Trattoria, Starbucks, Bread & Butter Market,

Rain or shine. For more info visit [rioc.ny.gov](http://rioc.ny.gov) or call 212-832-4540.

**UPCOMING COMMUNITY EVENTS**

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James Cagney Place  
Department of Transportation  
One Day Plaza Event

*Holiday*

**TREE LIGHTING AND  
SING-A-LONG**

**Saturday December 2, 2017**

**5-6pm**

**East 91st Street between 2nd and 3rd Avenues**

Free and Open to the Public

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LENOX HILL NEIGHBORHOOD HOUSE

# Second Sundays

2017-2018 PERFORMANCE SERIES

DEC

10

2PM



## Aimua Eghobamien

Poet, singer-songwriter, post-beat  
urban contemporary jazz

“he is a true, thoroughly exciting, original”  
—*jazztime*



**Lenox Hill Neighborhood  
House Auditorium**

331 East 70th Street  
(between 1st and 2nd Avenues)

Suggested donation is \$5; children 12 and  
under are free. Complimentary admission  
for members of Lenox Hill Neighborhood  
House programs.

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**Memorial Sloan Kettering is partnering with New York Presbyterian and the New York Public Library to offer *The Community Conversations Cafe* series. These talks engage neighborhood residents on the topics most important to them in an open discussion with leaders from the local scientific and medical community. You are invited to bring your ideas, experience, and questions on each topic into an open conversation with a few of the scientific minds from New York-Presbyterian-Cornell and The Memorial Sloan Kettering Cancer Center Postdoctoral Association.**

Join our discussion about depression on Thursday, December 14 . Space is limited so please RSVP [Here](#). Location: 67th Street Public Library - 328 East 67th Street

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# Community Affairs Update

 **NewYork-Presbyterian**  
Weill Cornell Medical Center

Upcoming Community Events at NewYork-Presbyterian/Weill Cornell Medical Center

NOTE: All listed events are free and open to the public. If RSVP is required, this is noted in the event description.

- December 5: Chair Yoga

Join Kate Fishman, PT, DPT, OCS for guided instruction in chair yoga.

Greenberg Pavilion – 4<sup>th</sup> floor atrium, 525 East 68<sup>th</sup> Street Hospital Entrance follow signs to the Greenberg Pavilion, 1 – 2 PM

- December 5, December 12, December 19: Cardio Fitness - Piloxing

Join Erin Treemarcki, DO, Certified Piloxing Instructor for an energizing cardio fitness Piloxing class that combines Pilates, boxing, and dance. No registration necessary!

Cayuga Room, 520 East 70<sup>th</sup> Street Hospital Entrance follow signs to the Garden Café. Cayuga Room is behind the Garden Café, 5:30 – 6:30 PM

- December 6: Current Treatments for Bladder Cancer

Join Dr. Scott Tagawa who will speak about current treatments for the disease.

Myra Mahon Patient Resource Center, 1305 York Avenue, 2<sup>nd</sup> Floor, 2:30 – 3:30 PM

- December 6, December 13, December 20, December 27: Mindfulness Meditation

The Pastoral Care & Education Department hosts Mindfulness Meditation every Wednesday led by Linda Van Ness in Pastoral Care, Certified Integrative Restoration (iRest) Teacher®.

Cofer Memorial Chapel, 525 East 68<sup>th</sup> Street Hospital Entrance just past security, 12:30 – 1 PM

- **December 7, December 14, December 21: HandsOnly CPR**

Join JodyScopa Goldman for a HandsOnly CPR class. This class is for adults and does not come with certification. Registration is recommended. To register either call 212-746-9294 or email [perelmanheartedu@nyp.org](mailto:perelmanheartedu@nyp.org)

Greenberg Pavilion – 4<sup>th</sup> floor atrium, 525 East 68<sup>th</sup> Street Hospital Entrance follow signs to the Greenberg Pavilion, 1:30 – 2:30 PM

- **December 7: Advanced and Metastatic Prostate Cancer Support Group with Us TOO NY and Cancer ABCs**

Join Weill Cornell Medicine, Us TOO New York & Cancer ABCs™ for a monthly support group ONLY for men with advanced or metastatic prostate cancer. For more information contact Joel T. Nowak at [CancerABCs@gmail.com](mailto:CancerABCs@gmail.com) or (516) 445-2026.

Weill Cornell Medical College – Room B307 (take B elevators next to the stairs to the 3<sup>rd</sup> floor and follow the signs), 1300 York Avenue, 5:15 PM

- **December 12: Multiple Myeloma Support Group**

Join Cara Beth Hanover, LMSW for the multiple myeloma support group. Light refreshments will be served. RSVP at 646-499-0674 or [cal9064@nyp.org](mailto:cal9064@nyp.org)

Belfer Research Building, BB 302-C/D, 413 East 69<sup>th</sup> Street, 6 – 8 PM

- **December 13: Lecture – Lower Back Pain and Physical Therapy**

Join Dr. C David Lin who specializes in rehabilitation medicine to learn about common causes of lower back pain and the role physical therapy plays in treatment.

Myra Mahon Patient Resource Center, 2<sup>nd</sup> Floor, 1305 York Avenue, 2:30 – 3:30 PM

- **December 19: Healthy Heart Talk – Maximizing the Benefits of Vitamins and Minerals**

Join Keisha Okorie, RD and Lauren Solomon, MS, RD to learn about the benefits of vitamins and minerals.

Greenberg Pavilion – 4<sup>th</sup> floor atrium, 525 East 68<sup>th</sup> Street Hospital Entrance follow signs to the Greenberg Pavilion, 1 – 2 PM

- **December 19: Brain Aneurysm Support Group**

Join the Weill Cornell Brain and Spin Center & the Brain Aneurysm Foundation for a support group for newly diagnosed, survivors, and family members. Light refreshments to be served. For more information contact Kim Salvaggio at [kas2004@med.cornell.edu](mailto:kas2004@med.cornell.edu) or 212-746-4998

525 East 68<sup>th</sup> Street Hospital Entrance, Baker 1601 Conference Room, 4 – 5 PM

- **December 21: Prostate Cancer Support Group**

Join Us Too New York and speaker Christin J. Nelson, PhD for a discussion on ‘Sexual Recovery After Prostate Cancer Treatment: What You Should Know’

Weill Cornell Medical College, 1300 York Avenue, Room B307 – take the “b” elevators next to the stairs to the 3<sup>rd</sup> floor and follow signs, 6 PM

- **Perelman Mile-Plus Walk – every Monday and Thursday in December except week of 12/25**

Enjoy a scenic walk around the Hospital and East River Esplanade.

Meet out front of the 525 East 68<sup>th</sup> Street Hospital Entrance, 12 – 12:30 PM

If you have any questions about the upcoming community events listed here, please contact Stephanie Lizza at [stl9073@nyp.org](mailto:stl9073@nyp.org)

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## **CONSTRUCTION UPDATES**

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***MSK/CUNY***



# East 81st Street Pedestrian Bridge



Office of Community Outreach + Notification

## Weekly Construction Bulletin

East 81<sup>st</sup> Street Pedestrian Bridge  
Manhattan

Project#HBPED100M  
Friday, December 1, 2017

The following is an anticipated work schedule for the upcoming two weeks. However, due to unforeseen field and weather conditions, it may become necessary to change some scheduled work locations, operations and dates. **Please note, parking may be restricted in work area.**

Date	Location	Operation	Work Hours
12/4/17 to 12/8/17 (night)	East 81 <sup>st</sup> Street Pedestrian Bridge	<ul style="list-style-type: none"><li>Fence Installation, Welding, South Abutment and Electrical Work</li></ul>	10:00pm – 6:00am
12/9/17 (Saturday) and 12/10/17 (Sunday)	East 81 <sup>st</sup> Street Pedestrian Bridge	<ul style="list-style-type: none"><li>Handrail Installation</li></ul>	7:00am – 3:30pm
12/11/17 to 12/15/17 (night)	East 81 <sup>st</sup> Street Pedestrian Bridge	<ul style="list-style-type: none"><li>Welding and Electrical Work</li></ul>	10:00pm – 6:00am

**NOTES:**

**ANTICIPATED COMPLETION:** December 2017

**FOR FURTHER INFORMATION:** Contact **Christopher Esposito-Bernard**, Community Construction Liaison, by phone at **646-781-8265** or by email: **e81pedbridgecci@gmail.com**.

We thank you in advance for your cooperation during this construction project.

BILL DE BLASIO,  
MAYOR  
DDC WEBSITE: [WWW.NYC.GOV/DDC](http://WWW.NYC.GOV/DDC)

ANA BARRIO  
ACTING COMMISSIONER  
DDC VIDEO: [WWW.NYC.GOV/WEBUILD](http://WWW.NYC.GOV/WEBUILD)

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## Con Ed Work Notices



## Work Notice

### Upper East Side – Repairs to Pedestrian Bridge

Thursday, November 30, 2017

Beginning Monday, December 4<sup>th</sup>, Con Edison is making repairs to the pedestrian bridge adjacent to the East River Walk (along the FDR Drive). We will be working at the following location for approximately one month:

- East River Walk (east of the FDR between E. 74<sup>th</sup> and E. 75<sup>th</sup> streets)
  - Weeknights (11 p.m. to 7 a.m.)

#### What to expect

- Noise
- Nightly pedestrian/bikeway closures

We apologize for any inconvenience this work may cause.

#### Contact us

[ManhattanRCA@conEd.com](mailto:ManhattanRCA@conEd.com)