

September 20, 2019

Rebecca Seawright



Dear Neighbor,

Today marks an important turning point in the movement to stop global climate change. Student-led groups skipped class to gather in protest the denial of climate change, rollback of environmental protections, and discrediting of scientists.

As a member of the New York State Assembly, we are working to strengthen protections with the passage and signing of the Climate Community Protection Act to require the state to achieve 100% clean power by 2040 and carbon neutrality by 2050 with an 85% reduction in total greenhouse gas emissions. We allocated \$500 million for clean water infrastructure in our budget and passed critical legislation to support renewable energy sources- both wind and hydropower.

In our community, I am proud to promote green initiatives by bringing shred-a-thons to our local greenmarkets on the Upper East Side and Roosevelt Island, and by supporting GrowNYC to ensure that all New Yorkers have access to the freshest, most nutritious locally grown food. Thousands of constituents have benefited from shredding their old documents, in turn protecting their identity and responsibly disposing of old documents. Join us for the next community shred-a-thon on Saturday, October 12 at the East 82nd Street Greenmarket from 10:00am -2:00pm. Please join us at any of the upcoming events I am pleased to sponsor:

92nd Street Y Street Fest '19

Lexington Avenue from 79 to 94 Streets
Sunday, September 22 from 12:00pm-5:00pm

Tuesday Housing Legal Clinic

Community Office of Assembly Member Rebecca Seawright
1485 York Avenue (78/79 Streets)
Tuesday, September 24 at 4:00pm

Downtown Census Job Fair - Wednesday, September 25 from 6:00pm-8:00pm- Pace University, Aniello Bianco Room, One Pace Plaza (Spruce Street/Frankfort Street)

Uptown Census Job Fair - Thursday, September 26th from 6:00pm-8:00pm- Hunter College Silberman School of Social Work - 2180 Third Avenue (East 119th Street)

Upper East Side & Roosevelt Island Town Hall with New York City Comptroller Scott Stringer

Lenox Hill Neighborhood House
331 East 70 Street (First/Second Avenues)
Wednesday, October 2 from 7:00pm-9:00pm
Doors open at 6:30pm

No-Cost Flu Shots

Community Office of Assembly Member Rebecca Seawright
1485 York Avenue (78/79 Streets)
Monday, October 7 from 10:30am-2:30pm

Shred-a-thon

82nd Street Greenmarket (York/ First Avenues)
Saturday, October 12 from 10:00am-2:00pm

Save the Date: Seawright Senior Summit

Lenox Hill Neighborhood House
331 East 70 Street (First/Second Avenues)
Friday, October 25 from 10:00am-2:00pm

Brain Health and Wellness Talk

Community Office of Assembly Member Rebecca Seawright
1485 York Avenue (78/79 Streets)
Tuesday, October 29 from 11:00am-1:00pm

Department of Finance Rent Freeze Clinic

Community Office of Assembly Member Rebecca Seawright
1485 York Avenue (78/79 Streets)
Monday, November 4 from 10:00am-1:00pm

If our office may be of service, remember that we are just a call, email or visit away!

Sincerely,

Rebecca



[Click to Visit Our Website](#)

Roosevelt Island Shred-a-thon

Green Initiatives at the Green-market



Community activist and environmentalist Christina Delfico drops her old documents at the Roosevelt Island shred-a-thon.



A battery tube and plastic bag collection were available for more recycling.



RIOC's Public Safety Officer, Special Assistant Flor de Maria Eilets and a representative from Shred-it were on-hand to help with the eager shredders.



The Roosevelt Island Green Map created by RIQC to identify where free "green" resources are available. Save the date for future green events on Roosevelt Island:

- 11/2/19** - Pumpkin Smash (leaf crunch too) island location tbd
- 11/9/19** - Stop N' Swap island location tbd (free exchange of goods)

Upcoming Events

The New York State Assembly Manhattan Delegation 2020 Census Job Fair



Carmen De La Rosa



Inez Dickens



Harvey Epstein



Deborah J. Glick



Richard Gottfried



Yuh-Line Niou



Danny O'Donnell



Dan Quart



Robert Rodriguez



Linda B. Rosenthal



Rebecca Seawright



Al Taylor

The Census Bureau is hiring! Come learn more about the Census and the jobs available. Apply for Census takers and administrative positions. Starting pay rate is \$25/hr!

September 25, 2019

6 p.m. to 8 p.m.

Pace University

3 Spruce Street

New York, NY 10038

Trains: 2, 3, 4, 5, 6, A, C, N, R, J, Z

September 26, 2019

6 p.m. to 8 p.m.

Hunter College Silberman

School of Social Work

2180 Third Avenue (at E 119th Street)

New York, NY 10035

Trains: 2, 3, 4, 5, 6



For more information about this event or any legislative issue, contact the
Office of Assemblymember Rodriguez at Rrodriguez@nyassembly.gov • 212-828-3953

Tuesday Knitting Social: 10/1



**Assembly
Member
Rebecca
Seawright**

TUESDAY KNITTING SOCIAL

JOIN NEIGHBORHOOD KNITTERS
FOR CRAFTING AND
CONVERSATION

EVERY OTHER TUESDAY
2PM-4PM

**COMMUNITY OFFICE OF
ASSEMBLY MEMBER
REBECCA SEAWRIGHT
1485 YORK AVENUE
(78/79 STREETS)**

ALL SKILL LEVELS WELCOME
BRING YOUR OWN
SUPPLIES

Contact the Office of Assembly Member
Rebecca Seawright
Call: 212.288.4607
Email: SeawrightReNYAssembly.gov



**Rebecca
Seawright**
ASSEMBLY MEMBER



NO-COST FLU SHOT

MONDAY, OCTOBER 7
10:30 AM- 2:30 PM

In Partnership with:
DUANEreade
Walgreens

Community Office, 1485 York Avenue
(78/79 Streets)

Call 212-288-4607 or email
SeawrightR@NYAssembly.gov
to reserve your flu shot.

This is a no-cost/no-copay clinic.
All insurances will be processed.

Please consult your physician to discuss
the impacts of a flu shot on your health.

Reserve Your No-Cost Flu Shot

SHRED-A-THON

THE COLUMBUS DAY EDITION



Assembly Member
Rebecca Seawright



Council Member
Keith Powers



Council Member
Ben Kallos

SATURDAY, OCTOBER 12

10:00AM-2:00PM

**82ND STREET GREENMARKET
(82ND ST./ FIRST & YORK AVE.)**



Office of Assembly Member Rebecca Seawright, 212-288-4607

Office of Council Member Keith Powers, 212-818-0580

Office of Council Member Ben Kallos, 212-860-1950

Assembly Member Rebecca A. Seawright



**Tuesday,
October 29**

BRAIN HEALTH & WELLNESS

Presentation (11:00am-12:00pm)

Memory Screenings (12:00pm-1:00pm)

Office of Assembly Member Rebecca Seawright

1485 York Avenue (78/79 Streets)

Learn how to:

- Know the difference between normal age related changes in the brain and dementia related illness.
- Engage with your doctor about brain health concerns.
- Current treatments for cognitive impairment.
- Steps to best maintain your overall brain health and wellness.

RSVP at SeawrightR@NYAssembly.gov or 212.288.4607

LEARN ABOUT THE NYC RENT FREEZE PROGRAM!

ASSEMBLY MEMBER
REBECCA SEAWRIGHT

&

NYC
Department of Finance

LEARN ABOUT THE SENIOR CITIZEN/ DISABLED RENT INCREASE
EXEMPTION PROGRAM FOR RENTERS IN NEW YORK CITY!

WED. SEPTEMBER 4
WED. NOVEMBER 6
10:00AM - 1:00PM

COMMUNITY OFFICE OF
ASSEMBLY MEMBER REBECCA SEAWRIGHT
1485 YORK AVE (78/79 STREETS)



TO RSVP CALL 212-288-4607
OR EMAIL SEAWRIGHTR@NYASSEMBLY.GOV

SATURDAYS 1-4 PM

SEPTEMBER 21, 2019

OCTOBER 26, 2019

(Raindate for both - Sunday, October 27th)

60th Street &
The East River
Waterfront
Esplanade

🌐 EsplanadeFriends.org

✉️ EastRiverEsplanade@gmail.com

f /EsplanadeFriends

📷 @EsplanadeFriend

CELEBRATE AUTUMN AT THE ALICE AYCOCK PAVILION

FREE! MUSIC, KIDS ACTIVITIES, ICE CREAM, AND MORE!



SPONSORED BY

**FRIENDS OF THE EAST RIVER
ESPLANADE 60TH - 120TH ST.**

Events will be canceled for inclement weather.
Rain dates for both will be Sunday, October 27th.
**Be sure to check EsplanadeFriends.org and
📍 @esplanadefriends for updates!**

Forum on Coops & Condos



Learn about the role of the board, the role of management, your rights as a shareholder or unit owner, strategies to address common issues in coops and condos, and state legislation awaiting the Governor's signature that would allow coop shareholders to obtain reverse mortgages.

Tuesday
October 29th
6pm to 8pm

Hunter College
West Bldg Faculty Dining Rm.
8th Floor
904 Lexington Ave.
SW corner of 68th and Lex

Speakers:

- Lucas Ferrara
Partner
Newman & Ferrara
- Kevin McConnell
Partner
Himmelstein, McConnell, Gribben, Donoghue & Joseph
- Rose Marie Cantanno
Associate Director, Consumer Protection Unit
New York Lawyers for the Public Interest

Sponsored By:



RSVP at tinyurl.com/CoopCondoForum2019 or by calling (212) 490-9535.

Roosevelt Island Events

**Weill Cornell Medicine, Cornell Tech and the
Roosevelt Island Senior Association Present:**

Osteoporosis & Arthritis Seminar

54 million Americans have low bone density or osteoporosis. One in two women and one in four men over the age of 50 will break a bone due to osteoporosis. The disease causes an estimated two million broken bones every year.

**Join us for a seminar exploring what osteoporosis is, and the
treatment options available.**

Presented by: Derek Hansen, MD
Instructor in Orthopedic Surgery at Weill Cornell Medicine

This event is FREE and open to the public

Tuesday, September 24 || 6:00-7:00 p.m.

Cornell Tech
The Bloomberg Center
2 West Loop Road
New York, NY 10044

To RSVP call 646-891-0038 and leave a message
OR
email: riseniorsa@gmail.com

**Four Freedoms Park
Kite Flight for Peace & Human Rights**



In recognition of the United Nations General Assembly and International Peace Day, visitors are invited to design and fly kites selecting stripes, colors, and symbols that represent personal ideas about peace and freedom. Visitors of all ages...

[Read more](#)

www.eventbrite.com

ROOSEVELT ISLAND

FALL FOR ARTS FESTIVAL 2019

EARTHLOVE: PROTECT, RENEW, GROW



SAVE THE DATE!

Saturday, September 28, Festivities Begin at 10am

SOUTHPOINT PARK | FDR FOUR FREEDOMS STATE PARK | LAWN SOUTH OF RIVERCROSS

Live Mural Painting | Art Workshops | Face Painting | Live Music
Kids Amusements | FULL SCHEDULE TO COME

212-832-4540 | rioc.ny.gov |  



Roosevelt Island
Operating Corporation



ROOSEVELT ISLAND
VISUAL ART
ASSOCIATION
RIVAA
www.rivaa.com