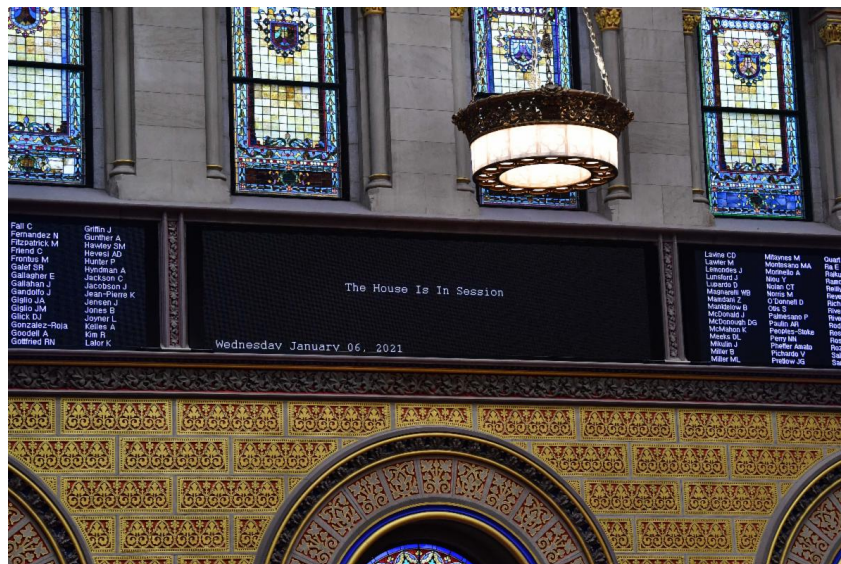


Rebecca Seawright



Dear Friends and Neighbors,

This week marked the beginning of the 2021 Legislative Session. We are renewed in our commitment to stand up for constituents and all New Yorkers in the fight against COVID-19 and beyond! I am honored to have been appointed Chair of the New York State Assembly Task Force on Women's Issues. I pledge to work tirelessly to build upon the progress we have made as we face the challenges ahead.

Sadly, we have all witnessed the domestic terrorist attacks in Washington D.C. this week. In New York, across the United States and the globe, we reject the acts of destruction and hate. New York State deployed its National Guard to aid in a peaceful transition of power. We condemn domestic terrorism and will not be intimidated. Democracy will prevail.

To date, New York State has administered approximately 430,000 vaccine doses, New York City has administered more than 167,000 doses with additional vaccination sites opening soon. This is good progress, but hospitals must do even more. The City will start

pre-registering seniors for a standby cohort for vaccination and plans to keep vaccination sites open 24/7. In this special report, you will find information on the phases of the vaccine distribution in New York City.

Stay safe, wash your hands frequently, keep your social distance, and wear your face-covering! Please don't hesitate to reach out to our community office if we can be of assistance.

Phone: 212.288.4607
Email: SeawrightR@NYAssembly.gov

Sincerely,

Rebecca

SEAWRIGHT APPOINTED CHAIR OF NEW YORK STATE ASSEMBLY TASK FORCE ON WOMEN'S ISSUES



Seawright (right) with her daughter Haley (left) in Assembly Chambers.

New York State Assembly Speaker Carl Heastie appointed Assembly Member Rebecca Seawright, a longtime advocate for women's rights, to chair the New York State Assembly Task Force on Women's Issues.

Seawright is the prime sponsor in the Assembly of legislation for an Equal Rights Amendment to the State Constitution. Now entering her fourth term representing the Upper East Side, Yorkville and Roosevelt Island, she has passed groundbreaking legislation such as laws that require health insurance policies to include 3-D mammography at no cost to the consumer.

Seawright also championed legislation that was signed by the Governor which encouraged greater representation of women on corporate boards. She authored a law to promote greater consumer financial literacy.

"I'm thrilled and honored to be chairing this task force," Seawright said. "I am especially grateful to Speaker Heastie for this appointment and his longstanding leadership and support for women's issues. And I pledge to work tirelessly to build upon the progress we have made as we face the challenges ahead."

Seawright said she will ***"continue to be inspired to renew the movement for the federal Equal Rights Amendment to guarantee that our rights are anchored in our State and US Constitutions."***

Seawright is also a member of the Bipartisan Pro-Choice, Jewish, Environmental, and Gun Reform Legislative Caucuses. Seawright is motivated to protect her constituents' quality of life.

Heastie Re-Elected New York State Assembly Speaker



"I would like to thank my Assembly colleagues for entrusting me to serve as speaker of the People's House for the fourth time. I am truly humbled by your faith in my leadership. It will undoubtedly be a challenging year, but I am confident that the wisdom of our long tenured members combined with the energy of our new members will help us overcome the challenges we face."

ASSEMBLY MEMBER
REBECCA SEAWRIGHT



VIRTUAL TOWNHALL TUESDAYS

COVID-19 VACCINATION INFORMATION SESSION JANUARY 12 @ 7:00PM



**Department
of Health**

**NEW YORK STATE
DEPARTMENT OF HEALTH**



**NEW YORK CITY DEPARTMENT
OF HEALTH AND MENTAL
HYGIENE**



NYC HEALTH + HOSPITALS



**JOIN US! WATCH LIVE ON FACEBOOK:
WWW.FACEBOOK.COM/REBECCAASEAWRIGHT/**

**REGISTRATION REQUIRED: CALL 212.288.4607
EMAIL SEAWRIGHTR@NYASSEMBLY.GOV**

COVID19 Guidance and Resources

Vaccine Information

Who is currently eligible for the vaccine?

Phase 1a: Currently eligible groups

*** As of Monday, January 11, home health aides are eligible to be vaccinated. Home health aides work with some of the most vulnerable New Yorkers and deserve priority for the vaccine to protect themselves and their patients.

Health Care Workers

- High-risk hospital workers (emergency room workers, ICU staff and Pulmonary Department staff)
- Federally Qualified Health Center employees
- Emergency Medical Services (EMS) workers
- Coroners, medical examiners and certain funeral workers
- Urgent Care providers
- Individuals administering COVID-19 vaccines, including local health department staff
- All Outpatient/Ambulatory frontline, high-risk health care workers of any age who provide direct in-person patient care
- All staff who are in direct contact with patients (such as reception staff)
- All frontline, high-risk public health workers who have direct contact with patients, including those conducting COVID-19 tests, handling COVID-19 specimens and COVID-19 vaccinations

This includes, but is not limited to:

- Doctors who work in private medical practices and their staff
- Doctors who work in hospital-affiliated medical practices and their staff
- Doctors who work in public health clinics and their staff
- Registered Nurses
- Specialty medical practices of all types
- Dentists and Orthodontists and their staff
- Psychiatrists and Psychologists and their staff
- Physical Therapists and their staff
- Optometrists and their staff
- Pharmacists and Pharmacy Aides
- Home care workers
- Hospice workers

Residents and Staff in Certain Group Living Facilities

- Nursing homes and other congregate care facilities
- NYS Office of Mental Health, Office People with Developmental Disabilities, and Office of Addiction Services and Supports facilities

Phase 1b: Likely starting mid-January 2021 on a rolling basis

- Teachers and education workers
- First responders
- Public safety workers
- Public transit workers
- People ages 75 and older
- Other frontline essential workers (to be determined by New York State)
- Other at-risk groups (to be determined by New York State)

Phase 1c: projected March-April 2021

- People ages 65 to 74
- People with certain underlying health conditions (to be determined by New York State)
- All other essential workers (to be determined by New York State)

Phase 2: Summer 2021

- All other people

If you have questions, call the New York State COVID-19 hotline at 888-364-3065.

New York State health insurers will be instructed to cover COVID-19 vaccinations

The New York State Department of Financial Services issued a letter to New York-regulated health insurers directing them to immediately cover, without cost-sharing, approved COVID-19 immunizations and administrations.

Vaccination Scams

The office of NY Attorney General Letitia James has issued an alert about potential scams offering early access to the vaccine. Beware of anyone who calls, e-mails, or texts you offering access to a COVID-19 vaccine. Some scammers are also using online platforms. Scammers may impersonate public health officials from organizations such as the Center for Disease Control (CDC) or the World Health Organization (WHO). They may also offer to ship a COVID-19 vaccine directly to homes, provide special access to vaccines or

clinical trials, or sell special cold storage devices for vaccines. If you believe that you have been the victim of unlawful activity, please [report these incidents to the Attorney General's office](#).

[Sign up here to receive the latest information on the COVID19 vaccine.](#)



COVID-19 RENT RELIEF EXTENSION PROGRAM

Has been extended through **February 1, 2021**

The program offers a one-time rental subsidy for eligible households that is sent directly to their landlords. Renters do not need to repay this subsidy, which applies to the coverage period of April 1, 2020 through July 31, 2020.



To be eligible, new applicants must meet the following criteria:

- Applicants must have lost income during the coverage period of April 1, 2020 through July 31, 2020.
- Before March 7, 2020, household income must have been at or below 80% of the Area Median Income (AMI), which is adjusted for household size.
- Households must have been rent burdened during the coverage period.

Previous applicants do not need to reapply.
The state Division of Housing and Community Renewal (HCR) will reevaluate all applications that were previously denied.

Visit hcr.ny.gov/rrp to apply or learn more.

To access forms in multiple languages, visit hcr.ny.gov/rrp-extension-translated-information.

For help, contact the call center:
833-499-0318, 8:30 a.m. - 5 p.m., M-F
covidrentrelief@hcr.ny.gov

The Internal Revenue Service and Treasury Department announced the delivery of the second round of Economic Impact Payments as part of the Coronavirus Response and Relief Supplemental Appropriations Act of 2021 to Americans who received the first round beginning last April. People can check the status of both the first and second payments by using the [Get My Payment](#) tool. To access the information, you will need to provide your Social Security number, date of birth and your address and ZIP code.

Get Food NYC

Find resources across the city, including FREE food pantries and Grab & Go meals at NYC Schools, available for all children or adults in need, as well as grocery stores and farmer's markets locations. [nyc.gov/getfood](https://www.nyc.gov/getfood)
[Click here for an updated resource sheet.](#)

ACCESS HRA Public Aid

City-wide portal for NYC residents to determine their eligibility for more than 30 economic programs and benefits including food, work, money, housing, rent assistance and more. [access.nyc.gov](https://www.access.nyc.gov)

NYC WELL Mental Health Services

COVID-19 can be stressful for you, your loved ones and your friends. It is natural to feel overwhelmed, sad, anxious and afraid. [Get help here.](#)

The New York City Alternate Side Parking Calendar is Available.

NYS Health Open Enrollment Period Ends Jan 31st

If you have lost your health insurance or have not had coverage, visit <https://nystateofhealth.ny.gov/> for a comprehensive list of affordable options -- including subsidized individual health plans and Medicaid. New York State's current open enrollment period runs until January 31st, 2021. New Yorkers can enroll in Medicaid all year long.

Access-A-Ride Fare Collection Resumes

Beginning Tuesday, January 19th, NYC Transit will resume fare collection for all Access-A-Ride services. The Access-A-Ride fare is \$2.75 per trip and is collected in cash. Customers must have exact change ready at boarding. Paratransit operators do not provide change or accept round-trip payment. MetroCards cannot be used as payment but customers may pay their fares using Access-A-Ride TransitCheck Coupons. Each coupon is good for full payment on one trip.

[Click here for more information](#) about Access-A-Ride Paratransit Service.

Beware "Urgent" Phone Payment Scams

Please beware of scams in which you are contacted regarding an "urgent account matter," and are then asked to make a payment via Zelle, a gift card, or some other unrecoverable means.

If you receive a phone call from Amazon, Apple, Microsoft, your bank, the IRS, the power company, etc., and they are requesting payment from you, always verify the request first. Hang up and contact them yourself, using the contact information on their website (NOT a phone number from a google search).

NEVER pay a demand call using a gift card or Zelle or any other unrecoverable means.

They do not protect you against fraud as credit cards do.

NEVER allow someone who calls claiming to be from an institution to access your computer remotely (except if you have made a computer support appointment).

NEVER give a company, utility, etc. any personal information, even to "confirm" your account, unless YOU have called THEM (or it's a scheduled call).

Affordable Internet Service

Are you a lower-income student or a senior? Spectrum now offers Internet Assist, a high-speed, low-cost broadband service for qualified customers. [Learn more here.](#)

Assistance with Paying Your Utility Bill

Residential Con Ed customers who have experienced a change in financial circumstances as a result of the pandemic may be eligible for special protections to avoid future service terminations. Call 1-800-75-CONED (1-800-752-6633) to learn more. By law, if you are a residential customer and contact Con Ed to affirm that you experienced a change in financial circumstances as a result of Covid-19 starting on or after March 7, 2020 Con Ed will not disconnect your service for non-payment before March 31, 2021. You will be eligible for a payment agreement or to request a new agreement that requires no down payment, late fees, or penalties.



PAID SICK TIME is now available

The Assembly Majority established paid sick leave for New Yorkers in the 2020-21 State Budget.

The law requires employers with five or more employees or with a net income of more than \$1 million to provide paid sick leave to employees and for employers with fewer than five employees and a net income of \$1 million or less to provide unpaid sick leave to employees.

Covered employees began accruing sick leave on September 30, 2020, at a rate of one hour for every 30 hours worked. As of January 1, 2021, employees may use this accrued leave.

Who's eligible?

All private-sector employees in New York State are covered, regardless of industry, occupation, part-time status, and overtime exempt status.

For more information on eligibility, permitted use of time or other related issues, please visit
ny.gov/programs/new-york-paid-sick-leave

*This is a targeted list only. For a full list, please go to nyc.gov/covidtest or call 212-COVID19.

Week of 01/04/2021 to 01/10/2021

Testing is available to those age 2 and older, unless otherwise indicated.

NYC Health+Hospitals Testing Sites (ongoing)

Days and times vary

Gouverneur Hospital
227 Madison Street
New York, New York 10002
844-NYC-4NYC
COVID-19 Testing/Antibody Testing/
Flu Shot
Mon – Fri, 9 a.m. – 3 p.m.
Sat – Sun, 9 a.m. – 2 p.m.

Harlem Hospital
506 Lenox Avenue
New York, New York 10037
212-939-1000
COVID-19 Testing/Antibody Testing/
Flu Shot
Mon – Fri, 8 a.m. – 3:30 p.m.
Sat – Sun, 8:30 a.m. – 4 p.m.

Metropolitan Hospital
1901 First Avenue
New York, New York 10029
212-423-6262
COVID-19 Testing/Antibody Testing/
Flu Shot
Mon – Sun, 9 a.m. – 3:30 p.m.

Bellevue Hospital
462 First Avenue
New York, New York 10016
212-562-5555
COVID-19 Testing/Antibody Testing/
Flu Shot
Mon – Fri, Walk Ins*: 7:30am–2pm
Sat, 7:30 a.m. – 3:30 p.m.
Sun, 9 a.m. – 1 p.m.
*Walk-in hours may be subject to change,
depending on patient volume.

**Gotham Health Dyckman - Clinica
de Las Americas**
175 Nagle Avenue
New York, New York 10034
844-NYC-4NYC
COVID-19 Testing/Antibody Testing
Mon – Sat, 9 a.m. – 3:30 p.m.
Sun, 9 a.m. – 1 p.m.

Gotham Health, Sydenham
264 West 118th Street
New York, New York 10026
844-NYC-4NYC
COVID-19 Testing/Antibody Testing/
Flu Shot
Mon – Sat, 9 a.m. – 3:30 p.m.
Sun, 9 a.m. – 1 p.m.

Manhattanville Health Ctr
21 Old Broadway
New York, NY 10027
844-NYC-4NYC
COVID-19 Testing/Antibody Testing
Mon – Sun, 9 a.m. – 7 p.m.

Highbridge Pool
2301 Amsterdam Avenue
New York, New York 10033
844-NYC-4NYC
COVID-19 Testing/Antibody Testing
Rapid Molecular Testing/Flu Shot
Rapid testing availability may be limited at this time.
Mon – Sun, 9 a.m. – 7 p.m.

Mobile Testing, H+H Site

Chinatown
Mon-Fri, Jan. 4-8: 9:30am-4:30pm
Confucius Plaza
37 Bowery
New York, NY 10002

Self-Test Sites (Age 4 and older)
Dates/Times vary & are subject to change.
Please verify on website: <https://bit.ly/selftestsites>

Bowery
Mon-Thu, Jan. 4-7: 9:30am-4pm
Judson Health Center
34 Spring Street
New York, NY 10012

East Harlem
Mon-Thu, Jan. 4-7: 9:30am-4pm
NYCHA Lehman Houses
70 E 108th St.
New York, NY 10029

NYC Health Department COVID-19 Express

Hours of Operation: Mon - Fri, 9am-5pm
By appointment only: nyc.gov/health/covidexpress

Central Harlem
Central Harlem Center
2238 Fifth Ave.
NYC 10037

Riverside
Chelsea Health Center
160 W. 100th St.
NYC 10025

Washington Heights
Washington Heights Center
600 W. 168th St. 3rd Fl.
NYC 10032

Chelsea
Chelsea Health Center
303 Ninth Ave.
NYC 10001

TO FIND TESTING SITES ACROSS NYC:
Call 212-COVID19 or go to nyc.gov/covidtest

NYC Small Business Resource Network

To accelerate the recovery of small businesses, the *NYC Small Business Resource Network* offers free, personalized, one-on-one assistance for small business owners.

Commercial Lease Program

If your business needs help with a commercial lease issue in New York City, you may be eligible for free legal services. nyc.gov/commllease

Additional Resources

NEW COVID-19 Vaccines:

<https://www1.nyc.gov/site/doh/covid/covid-19-vaccines.page>

COVID-19 Testing FAQ (includes definitions on diff types of tests):

<https://www1.nyc.gov/assets/doh/downloads/pdf/imm/covid-19-testing-faq.pdf>

Advisory for New Yorkers at Higher Risk of Severe COVID-19 (different languages here): <https://www1.nyc.gov/assets/doh/downloads/pdf/covid/covid-19-advisory-severe-covid.pdf>

Holiday Guidance (Do Not Travel, Do Not Gather):
<https://www1.nyc.gov/assets/doh/downloads/pdf/covid/covid-19-safer-holidays.pdf>

Complete List of NYC H+H Test Sites (updated weekly):
<https://www.nychealthandhospitals.org/covid-19-testing-sites/>

Latest Testing Recommendations:
<https://www1.nyc.gov/assets/doh/downloads/pdf/covid/covid-19-testing-recommendations.pdf>

NYC COVID-19 Zone Map Lookup:
<https://nyc.gov/covidzone>

Localized Zone Restrictions:
<https://www1.nyc.gov/assets/doh/downloads/pdf/covid/covid-19-localized-restrictions.pdf>

NYC DOHMH COVID-19 Data Portal:
<https://www1.nyc.gov/site/doh/covid/covid-19-data.page>

NYC DOE Daily COVID Case Map:
<https://www.schools.nyc.gov/school-year-20-21/return-to-school-2020/health-and-safety/daily-covid-case-map>

NYC DOE Health & Safety Regulations:
<https://www.schools.nyc.gov/school-year-20-21/return-to-school-2020/health-and-safety>

Guidance on Preventing Household Transmission: (COVID-19 Providers Dear Colleagues Letter)
<https://www1.nyc.gov/assets/doh/downloads/pdf/covid/providers/covid-19-providers-dear-colleague-updates-11302020.pdf>

ASSEMBLY MEMBER

REBECCA A. SEAWRIGHT



HOUSING LEGAL CLINIC

TUES. JANUARY 19

**EVERY OTHER TUESDAY
AT 4:00 PM ATTORNEYS FROM
THE LAW OFFICES OF GRIMBLE
& LOGUIDICE, LLC WILL
PROVIDE ADVICE ON HOUSING-
RELATED MATTERS AT NO-COST
FOR CONSTITUENTS OF THE
76TH ASSEMBLY DISTRICT**

Get help navigating the housing court process, responding to notices, dealing with threat of eviction, getting repairs from negligent landlords, and advocating for your rights as a tenant in New York City!

**DUE TO THE COVID-19 CRISIS, A
VOLUNTEER ATTORNEY WILL
HOST A ONE -ON-ONE PHONE
SESSION WITH ATTENDEES.**



**SCAN ME TO
RSVP!**

RSVP REQUIRED:

CALL: 212-288-4607

EMAIL: SEAWRIGHTR@NYASSEMBLY.GOV

The legal clinic is solely to provide guidance and advice from attorney's experienced in landlord-tenant law. The clinic does not guarantee a desired outcome and does not establish an attorney-client relationship. Assembly Member Rebecca Seawright does not represent or advise constituents in any legal matters.

RSVP HOUSING LEGAL CLINIC

**ASSEMBLY MEMBER
REBECCA SEAWRIGHT
PROTECTIVE
FACE MASK
GIVEAWAY**



**THURSDAY, JANUARY 14, 2021
12:00PM-2:00PM**

**COMMUNITY OFFICE
1485 YORK AVENUE
(78/79 STREET)**

SCAN ME TO RSVP!

**OFFICE OF ASSEMBLY MEMBER
REBECCA SEAWRIGHT**
PHONE: 212.288.4607
EMAIL:
SEAWRIGHTR@NYASSEMBLY.GOV



RSVP Face Mask Giveaway

[View as Webpage](#)



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