

Rebecca Seawright



Dear Friends and Neighbors,

I am outraged by the Supreme Court's decision to strike down every woman's fundamental reproductive right to an abortion. This weekend we gathered in Carl Schurz Park to rally, where we heard from intergenerational women about their personal experiences with abortion, and how losing the right to choose will impact the most vulnerable across our country.

We are fortunate in New York to have the strongest laws in the nation protecting reproductive rights, including the 2019 Reproductive Health Act but we cannot take these rights for granted. As the Assembly sponsor of the Equality Amendment, I am fighting to enshrine the right to abortion into the New York State Constitution.

Seeing people of all ages and backgrounds gather and backgrounds makes me hopeful that generations from now, we will continue the fight for reproductive health freedoms. On Sunday, we joined the New York City Pride March where Planned Parenthood was the Grand Marshall, a decision made in solidarity after the Supreme Court decision.

Please don't hesitate to reach out to our community office if we can be of assistance.

Phone: 212.288.4607

Email: SeawrightR@NYAssembly.gov

Sincerely,



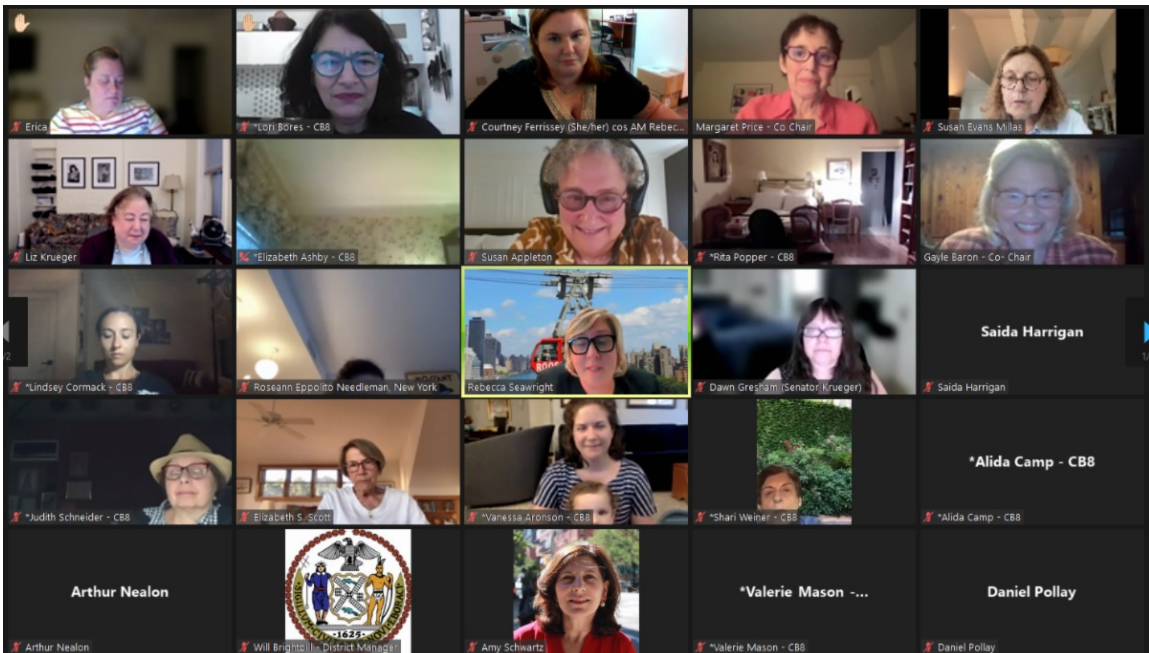
**Seawright Holds Rally For Abortion Rights With
Intergenerational Women**

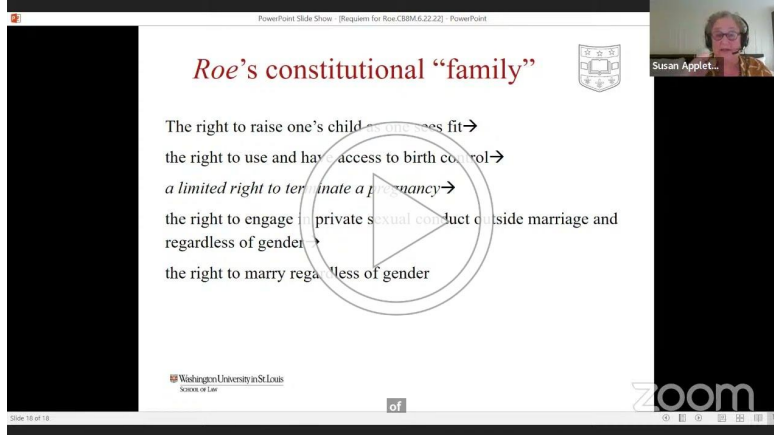


Assembly Member Seawright was joined by hundreds of neighbors in the park on Sunday rallying for abortion rights. She said *"We must organize on college campuses to involve a generation of young people who have assumed that Roe v Wade was their right, only to find it has been abruptly killed... We must position New York as the nation's leader against the destruction of our rights and prepare for the battle that Clarence Thomas has signaled. So do not despair. From a crisis of confidence in the Supreme Court, we will see and we will help ensure a generation of activism that they never imagined. We will persevere and we will persist."*



Assembly Member Seawright and Senator Krueger speak at Community Board 8 Women & Families Committee About Future After Roe v Wade





Assembly Member Rebecca Seawright spoke at a meeting of the Community Board 8 Women and Families Committee addressing the current threat to the right to an abortion and the best ways to respond. She was featured alongside State Senator Liz Krueger and Susan Appleton, a law professor at Washington University and a national expert on women's rights.

Here are some ways to get involved with pro-choice organizations.

Pro Choice America

This is a great resource for how to get involved as well as learning about abortions. To learn more go to:

- [NARAL Pro-Choice America](#)
- Text NARAL to 59791

New York City National Organization For Women

This is a great way to get involved right here in NYC! NYC-NOW works to protest the ruling to ensure safe abortion for everyone in the country, not just New York. To get involved go to :

- contact@nownyc.org
- [Take Action in a Post-Roe America](#)
- [Become a NOW-NYC Member and Ignite Change NOW!](#)

We Are New York Values

A great volunteer opportunity if you are looking to get involved and help people who are getting abortions. To learn more go to:

- [Reproductive Rights](#)
- or contact: ClinicEscortsNYC@gmail.com

Nation Institute of Reproductive Health

The NIRH is dedicated to protecting your right to abortion as well as general reproductive health. Partnered with over 200 locations in 43 states, the NIRH is a great place to learn about and join the fight as the Supreme Court prepares to overturn the Roe v Wade decision. To learn more go to:

- [National Institute for Reproductive Health](#)
- Or contact: info@nirhealth.org

Planned Parenthood Action

[Get on a bus to DC this Thursday for a mass action for abortion rights.](#)

Links to find abortion care.
AbortionFinder.org
abortionfunds.org

Rise Up With Rebecca Seawright on Manhattan Neighborhood Network Navigating Medicare



NY State Assembly member Rebecca Seawright talks with Cobi Blumenfeld-Gantz of Chapter.

Chapter is a Medicare Advisor that helps Americans nationwide navigate Medicare. Chapter hosts hundreds of educational events every year and partners with employers, financial advisors, benefits professionals, non-profits, religious institutions, and community leaders. To contact a licensed Medicare advisor for a free consultation, call: 855-900-CHAP or 855-900-2427.

Join New York State Assemblymember Rebecca Seawright for a monthly television broadcast with an array of special guests. Watch the last Tuesday of each month at 8pm and first Sunday of each month at 6pm on MNN (Spectrum 34, 1993, 1995, RCN 82, FiOS 33).

Team Seawright Marches With Pride



Team Seawright stops in front of Stonewall Inn and new visitors center along the route.

On June 28, 1969, the police conducted a raid of the Stonewall Inn, patrons decided to uprising.



New York State Comptroller Tom DiNapoli, Assembly Member Rebecca Seawright and Attorney General Letitia James.

Resources



Helping New Yorkers access fresh, healthy food

with the

Commodity Supplemental Food Program:

CSFP provides free, nutritious foods to New Yorkers aged 60 and older who live in New York City or on Long Island. During the summer months, participants receive additional benefits to purchase fresh fruit and vegetables at farmers markets.

Your copy should address 3 key questions: Who am I writing for? (Audience) Why should they care? (Benefit) What do I want them to do here? (Call-to-Action)

Create a great offer by adding words like "free" "personalized"

"complimentary" or "customized." A sense of urgency often helps readers take an action, so think about inserting phrases like "for a limited time only" or "only 7 remaining"!



The NYC Summer Meals Program helps children stay happy and healthy. To find a meal location near you, visit: www.opt-osfns.org/schoolfoodny/meals/Default.aspx.

COVID-19 Updates

NYC: Get Tested Now!

All New Yorkers should get tested for COVID-19, whether or not you have symptoms or are at increased risk. [NYC Health NYC Health Department: coronavirus disease 2019 \(COVID-19\): coronavirus disease 2019 \(COVID-19\)](#)

What to Do If You Are Sick

[Find the closest testing site near you.](#)

You should get tested now if you have symptoms – regardless of age, chronic conditions or occupation – and then stay home.

COVID-19 Symptoms

People with COVID-19 have reported a wide range of symptoms. Symptoms may appear two to 14 days after exposure to the virus and commonly include:

- Cough
- Shortness of breath or difficulty breathing
- Fever
- Sore throat
- New loss of taste or smell

This list is not all inclusive. Other less common symptoms have been reported, including gastrointestinal symptoms like nausea, vomiting or diarrhea. Older adults may show confusion or disorientation and experience falls.

NYC will now be using an alert level system to better help New Yorkers understand the current level of COVID-19 risk and how they can best protect themselves and others. Current COVID-19 Alert Level: Medium

[Learn more about COVID-19 alert levels in NYC.](#)

Vaccine authorized for children

The Pfizer COVID-19 vaccine is now available for children 6 months to 11 years old. The vaccine dose for this age group is smaller than the dose given to people 12 and older.

Children can get vaccinated at their doctor's office, pharmacies and vaccine sites across the city.

- [COVID-19 Vaccines for Children FAQs](#) (PDF)
- [NYC Department of Education: COVID-19 Vaccination for Students](#)

Booster shots

Vaccine booster shots are now authorized for everyone 12 and older who is fully vaccinated.

If you were recently sick or tested positive for COVID-19, you can get your booster shot after your isolation period ends.

- [Learn more about COVID-19 booster shot recommendations](#)

COVID-19 NYC Data

You can find daily updates of information about people who have tested positive for COVID-19 in NYC and key public health milestones.

- [COVID-19: Data](#)
- [COVID-19: Public Health Milestones](#)

[{View as Webpage}](#)



Share This Email



Share This Email



New York State Assembly | 1485 York Avenue, New York, NY 10075

[Unsubscribe teamrebeccaseawright@gmail.com](mailto:teamrebeccaseawright@gmail.com)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent byseawright@nyassembly.govpowered by



Try email marketing for free today!