

# Rebecca Seawright



*Dear Friends and Neighbors,*

*This week in Our Town on the Upper East Side and the Roosevelt Island Daily you can read my Op-Ed on the supreme setback by our highest court with the overturning of Roe v. Wade and how we must empower the next generation to take action to protect our bodily autonomy and freedoms.*

*The New York City Emergency Management Department and the Health Department today advised New Yorkers to take precautions to beat the heat. The National Weather Service is expected to issue a heat advisory for New York City for Wednesday, July 20 and Thursday, July 21. High heat and humidity are in the forecast for Wednesday, with heat index values in the mid to upper 90s across the city. Heat indices in the mid to upper 90s are also anticipated on Thursday. Please use either the Cooling Center Finder, call 311, or contact our office to find the cooling center closest to you.*

*Join Carl Schurz Park Conservancy for Summer in the Park Concerts and Film Festival. The next concert featuring Steve Shaiman and Swingtime Big Band is tomorrow night, July 20 at 7:00 pm on the John Finley Walk! On Roosevelt Island you can check out a movie outdoors at Southpoint Park. The next one up is Dirty Dancing on Friday, July 22 at 7:00pm.*

*Please don't hesitate to reach out to our community office if we can be of assistance.*

**Phone:** 212.288.4607

**Email:** [SeawrightR@NYAssembly.gov](mailto:SeawrightR@NYAssembly.gov)

*Sincerely,*

**REBECCA A. SEAWRIGHT**

# Check out Assembly Member Rebecca Seawright's Op Ed In Our Town and the Roosevelt Island Daily This Week!

The local paper for the Upper East Side



## **Fighting Against a 'Supreme Setback'**

Under New York State's proposed Equal Rights Amendment, the right to abortion will be enshrined into the state Constitution



Stunned, devastated, fearful, and outraged were just some of the reactions shared with me on that Friday in June when the final decision came down from our highest court to overturn Roe v. Wade. New Yorkers flooded the streets around Foley Square and Washington Square Park.

[Read More](#)

## **Rebecca Seawright: Turn Beacons of Hope into Wins for Freedom**



The rescinding of a half-a-century-old federal right—a woman's right to control her body—is a "Supreme Setback." From the gloomy darkness of this judicial nightmare, beacons of hope in New York State are helping to light the path for a new era of activism to protect our cherished freedoms.

[Read More](#)

## **Heat Advisory Beat the Heat!**

New York City opens cooling centers in air-conditioned public facilities for those who experience physical discomfort in a heat wave.

### **Webster Library**

1465 York Avenue (77/78 Streets)

#### **Hours:**

- Sunday- closed
- Monday- 11am-7pm
- Tuesday- 11am-7pm
- Wednesday- 11am-7pm
- Thursday- 11am-7pm
- Friday- 10am-5pm
- Saturday- 10am-5pm
- Extended Hours: No
- Wheelchair Accessible: Yes
- Pets Allowed: No

### Carter Burden Luncheon Club

OLDER ADULTS ONLY

351 E 74 Street (First / Second Avenue)

Hours:

- Sunday- closed
- Monday- 9am-5pm
- Tuesday- 9am-5pm
- Wednesday- 9am-5pm
- Thursday- 9am-5pm
- Friday- 9am-5pm
- Saturday- 9am-5pm
- **Extended Hours:** Hours may be extended during a heat emergency.
- **Wheelchair Accessible:** No
- **Pets Allowed:** No

### Yorkville Library

222 East 79 Street (First / Second Avenue)

Hours:

- Sunday- closed
- Monday- 11am-7pm
- Tuesday- 10am-6pm
- Wednesday- 11am-7pm
- Thursday- 10am-6pm
- Friday- 10am-5pm
- Saturday- 10am-5pm
- **Extended Hours:** No
- **Wheelchair Accessible:** No
- **Pets Allowed:** No

### Lenox Hill Neighborhood House

OLDER ADULTS ONLY

343 East 70 Street (First Avenue)

Hours:

- Sunday- closed
- Monday- 8am-8pm
- Tuesday- 8am-8pm
- Wednesday- 8am-8pm
- Thursday- 8am-8pm
- Friday- 8am-8pm
- Saturday- closed
- **Extended Hours:** No
- **Wheelchair Accessible:** Yes
- **Pets Allowed:** No

### 67th Street Library

328 East 67 Street (First / Second Avenue)

Hours:

- Sunday- closed
- Monday- 11am-7pm
- Tuesday- 11am-7pm
- Wednesday- 11am-7pm
- Thursday- 11am-7pm

- Friday- 10am-5pm
- Saturday- 10am-5pm
- **Extended Hours:** No
- **Wheelchair Accessible:** Yes
- **Pets Allowed:** No

### **Roosevelt Island Senior Center**

OLDER ADULTS ONLY

546 Main Street

**Hours:**

- Sunday- 4pm-9pm
- Monday- 9am-5pm
- Tuesday- 4pm-9pm
- Wednesday- 4pm-9pm
- Thursday- 4pm-9pm
- Friday- 4pm-9pm
- Saturday- 4pm-9pm
- **Extended Hours:** No
- **Wheelchair Accessible:** Yes
- **Pets Allowed:** No

### **Roosevelt Island Library**

524 Main Street

**Hours:**

- Sunday- closed
- Monday- 10am-8pm
- Tuesday- 10am-6pm
- Wednesday- 10am-8pm
- Thursday- 10am-6pm
- Friday- 10am-5pm
- Saturday- 10am-5pm
- **Extended Hours:** No
- **Wheelchair Accessible:** Yes
- **Pets Allowed:** No

### **Additional health and safety tips during a heat emergency**

- Go to an air-conditioned location, even if for a few hours.
- Stay out of the sun and avoid extreme temperature changes.
- Avoid strenuous activity, especially during the sun's peak hours: 11 a.m. to 4 p.m. If you must do strenuous activity, do it during the coolest part of the day, which is usually in the morning between 4 a.m. and 7 a.m.
- Remember: drink water, rest, and locate shade if you are working outdoors or if your work is strenuous. Drink water every 15 minutes even if you are not thirsty, rest in the shade, and watch out for others on your team. Your employer is required to provide water, rest, and shade when work is being done during extreme heat.
- Wear lightweight, light-colored clothing when inside without air conditioning or outside.
- Drink fluids, particularly water, even if you do not feel thirsty. Your body needs water to keep cool. Those on fluid-restricted diets or taking diuretics should first speak with their doctor, pharmacist, or other health care provider. Avoid beverages containing alcohol or caffeine.
- Eat small, frequent meals.
- Cool down with a cool bath or shower.
- Participate in activities that will keep you cool, such as going to the

movies, walking in an air-conditioned mall, or swimming at a pool or beach.

- Make sure doors and windows have tight-fitting screens and, in apartments where children live, window guards. Air conditioners in buildings more than six stories must be installed with brackets so they are secured and will not fall on someone below.
- Never leave your children or pets in a vehicle, even for a few minutes.

### Know the warning signs of heat illness

Call 911 immediately if you or someone you know has:

- Hot dry skin.
- Trouble breathing.
- Rapid heartbeat.
- Confusion, disorientation, or dizziness.
- Nausea and vomiting.

If you or someone you know feels weak or faint, go to a cool place and drink water. If there is no improvement, call a doctor or 911.

### Keeping your pets safe

- **Avoid dehydration:** Pets can dehydrate quickly, so give them plenty of fresh, clean water.
- **Walk your dog in the morning and evening:** When the temperature is very high, do not let your dog linger on hot asphalt. Your pet's body can heat up quickly, and sensitive paw pads can burn.
- **Know when your pet is in danger.** Symptoms of overheating in pets include excessive panting or difficulty breathing, increased heart and respiratory rate, drooling, mild weakness, unresponsiveness, or even collapse.

## Carl Schurz Park Summer Sounds Concert



Director of In-Park Events Ann Meschery and Assembly Member Rebecca Seawright.



Assembly Member Seawright and Executive Director Patrick McCluskey.





David Williams, former Executive Director of the Carl Schurz Park.



The crowd at the concert enjoying the Chuck Braman Quintet.



Carl Schurz  
**PARK**  
Conservancy

Summer  
in the  
Park

# Summer Sounds Concerts

# Sunset Film Festival

*7:00-8:30 pm*  
*John Finley Walk*  
*East 86th Street Staircase*

*8:30 pm*  
*On the Basketball*  
*& Hockey Court*

Wednesday, July 13th  
Chuck Braman Quintet

Wednesday, August 3rd  
Babe

Wednesday, July 20th  
Steve Shaiman and  
Swingtime Big Band

Wednesday, August 10th  
Encanto

*Free Popcorn & Insomnia Cookies*  
*at both movies!*



Thank you to our sponsors!

[www.carlschurzparknyc.org](http://www.carlschurzparknyc.org)

Photo by Jeffrey B. Evans

Roosevelt Island Operating Corporation  
**2022 OUTDOOR SUMMER  
MOVIE SERIES**

- ★ Southpoint Park, South of the Tram & Cornell Tech ★
- ★ Music, trivia, & more start at 7 PM ★ Films begin at sunset ★
- ★ Bring blankets & lawn chairs! ★ Food vendors on site ★



June 24



July 15



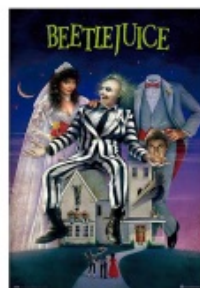
July 22



July 29



August 5



August 19

Rain Dates  
August 12  
August 26



212-832-4540 | [rioc.ny.gov](http://rioc.ny.gov)  
For updates follow us on Instagram @rooseveltislandrioc



Roosevelt Island  
Operating Corporation

Senator Liz Krueger's Virtual Town Hall  
"Sharing Our Streets: How Better Design Can  
Make Streets Safer  
And More User Friendly For Everyone"

Thursday, July 21st from 7pm – 8:15pm

The streets of Manhattan have always been busy, but these days they can feel like they are busier than ever. Pedestrians, cars, bikes, delivery workers, and restaurants are all sharing our streets at the same time, and that can create challenging situations that are hard to navigate. Most disturbingly, there is an upward trend in deadly interactions between cars and other road users -- the first quarter of 2022 was the deadliest start to any year since Vision Zero began. How can we design our streets so that they are safe, logical, and enjoyable for all? Find out what efforts the City is making, including safer street designs, Safe Streets for Seniors, and reimagining the future of city streets.

**Speakers will include:**

- **Ed Pincar**, Manhattan Borough Commission, New York City Department of Transportation
- **Captain Butler, Sargent Palaguachi, Officer Aribas**, NYPD 19th Precinct
- **Paul Krikler**, Safe Streets Advocate, Community Board 5 Transportation Committee Member

You will have the option of joining the event online through Zoom, a webinar hosting service.

You will also have the option to view the event online through Facebook. Please note that you do not need a Facebook account or profile to view the event through Facebook.

If you do not have access to a computer, tablet, or other electronic device, you can listen in by telephone.

**\*\*Once you register for the event, you will receive a confirmation email with the Zoom and Facebook links, and the call-in information.\*\***

The event will feature a **question and answer session** with Ed Pincar, NYPD 19th Precinct, and Paul Krikler. If you have questions about the City's traffic calming measures, NYPD enforcement on our streets, and the campaign to make our streets safer, you should attend the event on July 21st. Attendees will be able to submit questions through Zoom and Facebook during the event but are strongly encouraged to submit them in advance.

Please let us know if you plan to attend the Thursday, July 21st Virtual Town Hall by registering at <https://tinyurl.com/sharingourstreets7-21-22>.

## Resources and Updates

**New York State DMV Real ID**



Beginning on May 3, 2023, the federal government will require your driver license, permit or ID card to be REAL ID compliant if you wish to use it as identification to board a domestic flight (within the U.S.), or enter military bases and certain federal facilities.

Enhanced driver license, permit, non-driver ID and valid U.S. Passport are already REAL ID compliant and can be used to board a flight.

Please visit [www.dhs.gov](http://www.dhs.gov) for more REAL ID information.

[Learn more about how to get an Enhanced or REAL ID in the DMV's new Youtube video.](#)

## COVID-19 Updates

### COVID-19 Vaccinations:

- [NYC NYC Vaccine Finder](#). Find COVID-19 vaccine sites online or call 877-829-4692.
- CVS Pharmacy: Call 800-746-7287 or *Schedule Online*
- Rite Aid Pharmacy: Call 800-748-3243 or *Schedule Online*
- Walgreens Pharmacy: Call 800-925-4733 or *Schedule Online*

### COVID-19 Testing:

- [Find NYC Health + NYC Health + Hospital Testing Sites](#)
- [NYC testing sites](#)
- [New York State testing sites](#)
- Request at-home COVID-19 diagnostic testing (for New Yorkers who are immunocompromised or age 65+) by calling 929-298-9400
- Order free COVID-19 at-home rapid testing kits from the federal government (current maximum is 8 testing kits per household). *Order online* or call 800-232-0233
- Pick up free COVID-19 at-home rapid tests from City-distribution sites. *Click here to see a list of community sites and times when you can pick up a free rapid test kit.*
- [COVID.gov](#): a federal website where you can look up information on where to get free masks, as well as COVID-19 vaccinations, treatment, and testing.

# Mental Health Crisis Line Just Dial 9-8-8

Experiencing a mental health crisis?  
**Call or text 988**

The **new 24/7 National Suicide Prevention Lifeline** can help people dealing with mental health or substance use crises.



The new National Suicide Prevention Lifeline is staffed by trained counselors who can help connect people in crisis with local resources. To learn more, visit: <https://omh.ny.gov/omhweb/crisis/988.html>.

## Construction Updates

### York Avenue Sewers

Below is the Weekly Construction Bulletin for the work period of Saturday July 16, through Friday July 22, 2022. Please know that due to unforeseen field and weather conditions, it may become necessary to change some scheduled work locations, operations, and dates.

Summary of anticipated work schedule is as follows:

**Saturday 7/16/22 - From 8:00am to 4:00pm**

- E. 62nd Street between York Ave. and 1st Ave. -
  - Con Edison 30" and 36" gas main installation.
  - Welding for 30" and 36" gas mains.

**Sunday 7/17/22 - From 8:00am to 4:00pm**

- E. 62nd Street between York Ave. and 1st Ave. -
  - Excavation for Con Edison gas service

**Monday 7/18/22 - Friday 7/22/22 From 10:00am to 3:00pm**

- E. 62nd Street between York Ave. and 1st Ave. -
  - Con Edison 30" and 36" gas main installation.
  - Welding for 30" and 36" gas mains.

If you have any questions or inquiries for Con Edison work please

## Hospital For Special Surgery Anna-Maria and Stephen Kellen Tower:



Here is the latest news regarding the Anna-Maria and Stephen Kellen Tower:

With excavation work nearly complete on the west side of the FDR, the contractors are prepared to pour concrete for the foundations and set steel columns. On the east side, where the majority of recent work has been taking place, the focus has been on the removal of the original northbound pedestrian ramp in order to begin excavation for piles going to bedrock along the East River Esplanade. Most of this work will continue to occur during the overnight hours due to the need to close the northbound right and center lanes of the FDR Drive.

Once completed, concrete foundations will be poured, and the Y columns will be erected along the East River. It is expected that the steel platform will be delivered and installed over the FDR sometime late summer or early fall.

In addition, a temporary pedestrian ramp was erected from the 71st Street pedestrian bridge to allow for partial access to the East River Esplanade. This work was completed in late June to allow the community access to the waterway from 71st Street going southbound. Until the steel platform and columns have been installed over the FDR, the Esplanade will remain closed between East 68th and 74th Streets. Those wishing to access the Esplanade going northbound may do so via the East 78th entrance.

Questions? Please reach out to HSS at [communityrelations@hss.edu](mailto:communityrelations@hss.edu).



# Roosevelt Island Tram

Please be advised that due to ongoing critical and necessary tram work beginning Wednesday, July 6th, 2022, until approximately Thursday, July 21st, 2022, the North Tram Cabin will be out of service. The South Cabin will remain in service.

To accommodate this disruption, RIOC will be running a shuttle bus Mondays through Fridays from 3PM to 8:30PM, between the Roosevelt Island Tramway and the Tram Station at 60th St and 2nd Ave in Manhattan.

## Boarding Locations/Routes:

- Roosevelt Island to Manhattan: board at the R.I. Tram Station. Shuttle will make all northbound local stops to Capobianco Field (Opposite PS/IS 217)
- Manhattan to R.I.: board at the southwest side of 2nd Avenue, between 58th & 59th Street. Shuttle will make all southbound local stops (beginning at 591 Main Street) to the Tram station.
- Frequency: departing on the half hour, traffic depending.
- Last Trip- Manhattan to R.I.: 8:30 PM Roosevelt Island to Manhattan: 8:00 PM

Riders are advised to plan accordingly and anticipate increased wait times for both the Tram and Red Bus shuttle. Please also consider alternate transportation options such as the F-train subway, ferry or Q102 bus.

[{View as Webpage}](#)



Share This Email



Share This Email



[Unsubscribe teamrebeccaseawright@gmail.com](mailto:teamrebeccaseawright@gmail.com)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent byseawrightr@nyassembly.govpowered by



Try email marketing for free today!