



Dear Friends and Neighbors,

As we enjoy the summer season, I am pleased to share this special community update highlighting important news, public health updates, and upcoming events across the Upper East Side and Roosevelt Island.

Today marks the 15th anniversary of New York's Marriage Equality Act—a landmark victory for love, equality, and civil rights. I was proud to vote for the Assembly resolution commemorating this historic milestone and remain steadfast in my commitment to advancing equality for all New Yorkers. As the lead Assembly sponsor of New York's Equal Rights Amendment (ERA), which New Yorkers approved in 2024, I was honored to help strengthen constitutional protections against discrimination and ensure that every person is treated with dignity, respect, and fairness.

I also want to share an opportunity for public comment as you may be aware that UnitedHealthcare has filed a request with the New York State Department of Financial Services to increase premium rates for certain individual health insurance plans. I encourage anyone who may be affected to review the proposal and share their feedback. The Department is reviewing the proposal and is accepting public comments before making a final determination.

I remain deeply concerned about the recent Legionnaires' disease cluster in Carnegie Hill and Yorkville, although the New York City Health Department reports that officials are confident the source of the Legionella bacteria has been eliminated. There has been a serious lack of transparency and regularity in the testing and notification process. The City Council is scheduling an oversight hearing. We will continue to monitor the situation to determine if stronger state requirements or regulations are needed going forward, on behalf of the health and well-being of our community.

Inside this special report, you'll also find a roundup of exciting summer events happening throughout our community—from Shakespeare in the Park and Summer Movie Nights in Carl Schurz Park to National Night Out and many more opportunities to enjoy our neighborhood with family and friends.

I invite you to join us at our upcoming events:

- Tuesday, July 28, 3:30 pm – No-Cost Housing Legal Clinic at our Community Office, 1485 York Avenue (78th/79th Streets). By appointment only. Call 212-288-4607 or email SeawrightR@NYAssembly.gov to schedule.
- Wednesday, August 5, 10:00 am – 2:00 pm – Benefits Screening with LiveOn NY at our Community Office, 1485 York Avenue (78th/79th Streets). By appointment only. Call 212-288-4607 or email SeawrightR@NYAssembly.gov to schedule.
- Wednesday, August 5, 10:00 am – 12:00 pm – MTA OMNY Service Bus at our Community Office, 1485 York Avenue (78th/79th Streets). Ask questions or refill your OMNY account.

Our office is always just a phone call, email, or visit away.



REBECCA A. SEAWRIGHT

Proposed UnitedHealthcare Premium Rate Change for 2026

UnitedHealthcare has filed a request with the New York State Department of Financial Services (DFS) to increase premium rates for certain individual health insurance plans for 2026. State law requires DFS to review every proposed rate increase and determine whether to approve, modify, or deny the request. The insurer states that the proposed increase is driven primarily by rising medical costs and projected claims.

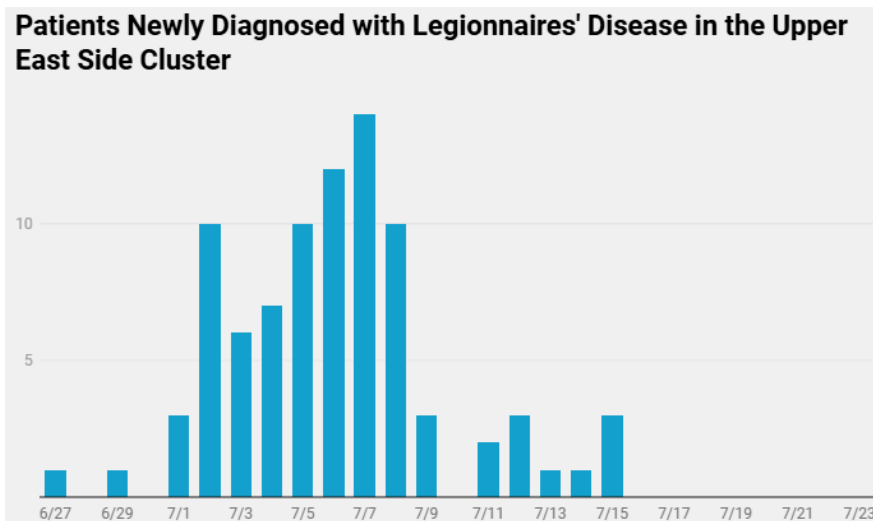
Share Your Comments: New Yorkers have the opportunity to submit comments to DFS during the public comment period, which is expected to begin five business days after the notice is mailed. When submitting comments, include:

- Your insurer's name
- Your health plan name
- Whether you have individual or group coverage
- Your HIOS Plan ID number (listed on your notice)

Comments may be submitted:

- Online: dfs.ny.gov/consumers/health_insurance/health_insurance_premiums
- By Mail:
NYS Department of Financial Services
Health Bureau – Premium Rate Adjustments
One Commerce Plaza
Albany, NY 12257

Legionnaires' Disease Update: Latest Information for Our Community



The New York City Health Department reports that officials are confident the source of the Legionella bacteria responsible for the Legionnaires' disease cluster affecting Carnegie Hill and Yorkville has been eliminated. While this is an encouraging development, significant questions remain about the transparency, consistency of testing, and timeliness of public notification throughout the City's response.

As of July 23, 87 people have been diagnosed with Legionnaires' disease, and five people have died. The Health Department reports that 183 cooling towers at 160 buildings have been tested, with all cooling towers that tested positive for live Legionella bacteria having been cleaned and disinfected. The New York City Council is scheduling an oversight hearing to examine the City's response, and we will continue monitoring the situation to determine whether stronger state requirements or regulations are needed to better protect public health and prevent future outbreaks.

The Health Department continues to advise that building plumbing systems do not cause Legionnaires' disease and that residents in ZIP codes 10028, 10128, and 10075 can safely drink tap water, shower, bathe, cook, and use home air conditioning.

Anyone who lives, works, or has visited the area since late June and is experiencing flu-like symptoms—including cough, fever, or difficulty breathing—should promptly contact a health care provider or call 311 for assistance.

Visit Team Rebecca's Table at National Night Out

NYPD'S 19TH PRECINCT

★★★ PRESENTS ★★★



**TUESDAY
AUGUST 4, 2026
4-7 PM**

ST. CATHERINE'S PARK

1ST AVE BETWEEN 67TH & 68TH ST



**FREE ACTIVITIES,
TREATS & SNACKS
ALL ARE WELCOME!**



ALTERNATE RAIN LOCATION: ST. VINCENT FERRER
869 LEXINGTON AVE BETWEEN 65TH & 66TH STREET
FOLLOW @NYPD19PCT FOR LIVE UPDATES



CITY OF WATER DAY



Saturday, July 25
10am – 4pm



FDR Four Freedoms State Park

1pm ShakunDaviDance
ensemble dance performance

NY/NJ
**HARBOR
& ESTUARY
PROGRAM**

3pm Fogo Azul NYC
NYC's own women-led samba reggae drumline



- iDig2Learn marine touch table
- Imagination Playground
- Whale origami craft
- Pop-up Library
- Lawn games

@nyp1
@nynjhep
@idig2learn
@4FreedomsPark
@WaterfrontAlliance
#LivingWithWater
#CityOfWaterDay2026

FREE. No registration required.
This event is rain or shine.



Presented by:



New York State
Parks, Recreation and
Historic Preservation



**FOUR FREEDOMS PARK
CONSERVANCY**



Summer Movie Nights in Carl Schurz Park

Enjoy free family movie nights under the stars at Carl Schurz Park this August! Bring a blanket, put the kids in their pajamas, and settle in for an evening of fun—we'll provide the popcorn.

 **Wednesday, August 5 | 8:30 PM**
Inside Out 2

 **Wednesday, August 12 | 8:30 PM**
Wicked for Good

 Location: Basketball/Hockey/Pickleball Court at Carl Schurz Park
 Limited seating available.

Shakespeare in the Park Returns



Enjoy a free performance of *The Winter's Tale* at the newly reopened Delacorte Theater in Central Park through August 23. Tickets are free and available through the Public Theater's lottery and distribution process. Don't miss this beloved New York summer tradition! For more info: <https://info-faqpt.helpscoutdocs.com/article/475-free-shakespeare-in-the-park-tickets-2026>

Summer Streets Returns to Manhattan

Experience New York City without cars during Summer Streets on August 1, 8, and 15 from 7:00 AM to 3:00 PM. Walk, bike, run, and enjoy free performances, fitness classes, art installations, and family-friendly activities along a car-free route stretching from the Brooklyn Bridge to Dyckman Street. For more info: <https://www.nyc.gov/html/dot/html/pedestrians/summerstreets.shtml#summerstreets-manhattan1>

Consider Our Office Your Resource

ASSEMBLY MEMBER

REBECCA A. SEAWRIGHT



HOUSING LEGAL CLINIC

EVERY OTHER TUESDAY

**EVERY OTHER TUESDAY
AT 3:30 PM ATTORNEYS FROM
THE LAW OFFICES OF GRIMBLE
& LOGUIDICE, LLC WILL
PROVIDE ADVICE ON HOUSING-
RELATED MATTERS AT NO-
COST FOR CONSTITUENTS OF
THE 76TH ASSEMBLY DISTRICT**

Get help navigating the housing court process, responding to notices, dealing with threat of eviction, getting repairs from negligent landlords, and advocating for your rights as a tenant in New York City!



**SCAN ME TO
RSVP!**

**A VOLUNTEER ATTORNEY WILL
HOST A ONE -ON-ONE SESSION
WITH ATTENDEES.**

**RSVP REQUIRED:
CALL: 212-288-4607**

EMAIL: SEAWRIGHTR@NYASSEMBLY.GOV

*The legal clinic is solely to provide guidance and advice from attorney's experienced in landlord- tenant law.
The clinic does not guarantee a desired outcome and does not establish an attorney- client relationship.
Assembly Member Rebecca Seawright does not represent or advise
constituents in any legal matters.*

Summer Schedule Update

Our Housing Legal Clinic on Tuesday, July 28 will be the last clinic until September 2026.

We look forward to resuming our clinics in September. The next clinic date will be announced soon.

Please call our office to schedule an appointment for the July 28 clinic.



NO-COST NOTARY PUBLIC SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10AM-1PM	10AM-12PM	10AM-1PM	10AM-12PM	10AM-1PM

PLEASE REMEMBER TO BRING PHOTO ID
AND YOUR WITNESSES IF YOUR
DOCUMENT REQUIRES THEM



**OMNY BUS
STOPS HERE
(79/YORK):**

WED. 8/5, 8/19

10:00 AM - 12:00 PM

**REFILL YOUR
OMNY CARD**

**APPLY FOR
REDUCED FARE**

Upcoming Events

THE LONGEST TABLE® | UPPER EAST SIDE

in partnership with
LENOX HILL NEIGHBORHOOD HOUSE

WEDNESDAY, JULY 29, 6:00–8:00 PM
EAST 70TH ST (BETWEEN 1ST & 2ND)



Join hundreds of neighbors as we introduce The Longest Table to the Upper East Side. We bring tables & chairs. You bring friends & food!

[CLICK HERE TO RSVP OR LEARN MORE.](#)

Health Advocates for Older People Calendar of Events



Weekly Class Schedule: Check the Health Advocates Daily and Weekly Schedule for Zoom links, other details, and updates on closures.
All classes are 1 hour unless otherwise noted. See below for holiday closures.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday HA office closed 7/3	Saturday No SJC programs 7/4
10:00am Qi Gong with Charlene on Zoom No class 7/5	10:30am Central Park Walk *Weather permitting* with Deborah 5 th and 81 st , MET	10:00am Alexander Technique with Kim 341 E. 87 th St., CHT and on Zoom No class 7/7	9:00am Chair Yoga with Stephanie on Zoom 9:30-11am Tech & Errand Help 341 E. 87 th St., CHT By appointment	10:15-11:00am Strength & Tone with Reggie 921 Madison Ave, MAPC	10:00am Chair Yoga with Stephanie 341 E. 87 th St., CHT and on Zoom Zoom ONLY 7/3	10:00am - 10:45am Beginner-friendly Line Dancing with Kelly 404 E. 87 th St., SJC No class 7/4
12:00pm Exercise with Stephanie on Zoom	12:00 pm Bone Health: Exercises and Information for Healthy Aging with Lynn on Zoom	11:45am Strength & Tone with Reggie 241 W. 72 nd St. 3rd floor, NCJW *Class returns!*	11:00am Chair Yoga for Strength & Balance with Jana 7 W. 55 th St., FAPC	11:00am Tai Chi with Luc (Dr. Robert subbing) 316 E. 88 th St., CHT *Summer Location*	12:00-4:00pm Scrabble and Rummikub 341 E. 87 th St., CHT No games 7/3	11:00am Chair Yoga with Carol 404 E. 87 th St., SJC No class 7/4
	2:00pm Reiki Self-Healing with Eve on Zoom	1:30pm Chair Yoga with Eve on Zoom	1:00pm Writing Workshop with Kathleen 341 E. 87 th St., CHT	12:00pm Essential Movement for Healthy Aging with Lynn on Zoom	3:00-3:50pm Tai Chi with Thuha 49 E. 73 rd St., JLH No class 7/3	11:00am Chair Yoga with Stephanie on Zoom
	4:30pm Dance with Alex 316 E. 88 th St., CHT	3:00pm Tai Chi with Thuha on Zoom	1:00pm Tai Chi with Luc (Dr. Robert subbing) 316 E. 88 th St., CHT *Summer Location*	12:30pm Strength & Tone with Reggie 50 West 131 st , AT	3:00pm Advanced Harmonica with Jiayi on Zoom	11:00am - 1:00pm Tech Help 404 E. 87 th St., SJC By appointment No tech help 7/4
			2:30 – 2:30 – 4:30pm 4:30pm Poker BAKG Open Knitting 341 E. 87 th St., CHT		4:00pm Beginner Harmonica with Jiayi on Zoom	1:00pm Movie (see pg. 2) 404 E. 87 th St., SJC No movie 7/4

LOCATION GUIDE: AT: Abyssinian Towers, 50 West 131st; CHT: Church of the Holy Trinity, 341 East 87th or 316 East 88th Lower Level; CHR: Church of the Heavenly Rest, 2 East 90th; FAPC: Fifth Avenue Presbyterian Church, 7 West 55th; JLH: James Lenox House Hupper Room, 49 East 73rd; MAPC: Madison Ave Presbyterian Church, 921 Madison Ave; MET: Met accessible entrance, 5th and 81st; NCJW: National Council of Jewish Women, 241 W. 72nd; and SJC: St. Joseph's Church, 404 East 87th

[Click here to view.](#)

In Case You Missed It: Past Editions of the Community Report

[Community Update: July 17, 2026](#)

[Community Update: July 10, 2026](#)

[Community Health Update: July 7, 2026](#)

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