



Dear Friends and Neighbors,

In this week's Community Report, you will find information on SUNY's efforts to expand Mental Health First Aid training for students, faculty, and staff, as well as an important update on the New York State Access Pass and a newly streamlined process to help eligible New Yorkers with disabilities enjoy our State Parks, historic sites, and recreational facilities.

With the General Election approaching this fall, I am also sharing important voting dates and resources so residents of the Upper East Side, Yorkville, and Roosevelt Island can make a plan to vote. You will also find information on upcoming community events and services available through our office.

As always, please do not hesitate to contact my office if we can be of assistance.

I invite you to join us at our upcoming events:

- Wednesday, August 26, 9:00 am – 4:30 pm – **No-Cost Mobile Mammography Screening** at the Church of the Good Shepherd, 543 Main Street, Roosevelt Island. Women ages 40–75 who live in New York City and have not had a mammogram in the past 12 months may be eligible. By appointment only. Call 212-288-4607 to schedule. Please bring a photo ID and insurance card (if applicable).
- Monday, August 31, 10 am - 2:00 pm - **New York City Department of Finance Property Tax and Rent Freeze Clinic** at our Community Office, 1485 York Avenue (78th/79th Streets). By appointment only. Call 212-288-4607 or email [SeawrightR@NYAssembly.gov](mailto:SeawrightR@NYAssembly.gov) to schedule.
- Wednesday, September 9, 10:00 am – 2:00 pm – **Benefits Screening with LiveOn NY** at our Community Office, 1485 York Avenue (78th/79th Streets). By appointment only. Call 212-288-4607 or email [SeawrightR@NYAssembly.gov](mailto:SeawrightR@NYAssembly.gov) to schedule.

Our office is always just a phone call, email, or visit away.

Phone: 212-288-4607

Email: [SeawrightR@NYAssembly.gov](mailto:SeawrightR@NYAssembly.gov)

**REBECCA A. SEAWRIGHT**

## NYC Department of Finance Assistance In Your Community

### Free assistance with:

property tax matters,  
parking violations, rent  
freeze program, payment  
plans, and other financial  
services

### Must Brings:

1. New York State ID
2. Current lease and  
Previous lease
3. 2025 Tax Return



#### Date:

Monday  
August 31, 2026



#### Time:

10:00 AM - 2:00 PM



#### Location:

1485 York Ave, New  
York, NY, 10075  
(between 78/79 Streets)

## RSVP Required:

Office of NYS Assembly Member Rebecca A. Seawright

1485 York Avenue, 212-288-4607

[seawright@nyassembly.gov](mailto:seawright@nyassembly.gov)

## Assembly Member Rebecca Seawright speaks with Joy Salvador, Carter Burden Network's Executive Director



### Supporting Student Mental Health Across SUNY

Assembly Member Rebecca A. Seawright joined SUNY Chancellor John B. King Jr. and SUNY leaders in highlighting the expansion of Mental Health First Aid training across SUNY campuses. The initiative trains students, faculty, and staff to recognize mental health challenges and connect individuals with appropriate support, with programs currently operating on 27 SUNY campuses.

***"I commend Chancellor King, the SUNY Board of Trustees, SUNY Optometry, and all those involved in expanding Mental Health First Aid training across SUNY campuses. This important initiative gives students, faculty, and staff the tools to recognize mental health challenges and connect those in need with support. I am proud to support New York's continued investment in the well-being and success of our students,"*** said Assembly Member Rebecca A. Seawright

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### Easier Access to New York State Parks for New Yorkers with Disabilities

Assembly Member Rebecca A. Seawright is sharing an important update for New Yorkers who may qualify for the New York State Access Pass, which provides free or discounted access to State Parks, historic sites, and recreational facilities.

The New York State Office of Mental Health has streamlined the application process for individuals with qualifying mental disabilities who receive services through an OMH-licensed, funded, or operated program. Eligible New Yorkers can now have their clinician complete a simplified confirmation letter to verify eligibility.

The Access Pass offers benefits including free vehicle entry at most State Park day-use areas, free admission to historic sites and state-operated swimming pools, free golf

greens fees, and discounts on camping and cabin rentals.

[Residents who may qualify are encouraged to learn more and apply through the New York State Parks Access Pass program.](#)

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## News You Can Use



### Housing Lottery Launches For 29 Renovated Co-Ops In Manhattan

The apartments are available to qualifying buyers earning between \$68,242 and \$147,280, depending on household size.

[Read More](#)

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## Make a Plan to Vote in the 2026 General Election

As Election Day approaches, Assembly Member Rebecca A. Seawright wants to ensure that residents of the Upper East Side, Yorkville, and Roosevelt Island have the information they need to participate in the 2026 General Election. Whether voting early, by mail, or in person on Election Day, New Yorkers are encouraged to make a plan to vote.

### Important Dates

- Voter Registration Deadline: October 24, 2026
- Early Voting: October 24 – November 1, 2026
- Election Day: Tuesday, November 3, 2026, from 6:00 AM – 9:00 PM
- Early Mail & Absentee Ballot Application Deadline: October 24 online or by mail; November 2 when applying in person

### Check Your Registration & Poll Site

Voters should check their registration status and confirm their assigned polling location before heading to the polls.

- Check your voter registration: [voterlookup.elections.ny.gov](https://voterlookup.elections.ny.gov)
- Find your poll site: [findmypollsite.vote.nyc](https://findmypollsite.vote.nyc)

### Vote Early or By Mail

New Yorkers may vote early in person from October 24 through November 1 or request a ballot to vote by mail.

An Early Mail Ballot is available to any registered New York voter, with no reason required. Absentee Ballots are available to voters who meet eligibility requirements, including

certain voters who will be absent or are unable to appear at the polls because of illness or disability.

Voters with a permanent illness or disability may also qualify to receive absentee ballots automatically for future elections.

- Request an Early Mail or Absentee Ballot: [elections.ny.gov/request-ballot](https://elections.ny.gov/request-ballot)

Important: Once a voter has been issued a mail ballot, they cannot vote using a voting machine at a poll site for that election. A voter who goes to the polls after being issued a mail ballot may instead vote by affidavit ballot. Voters should therefore request a mail ballot only if they intend to vote using that method.

Completed mail ballots may be returned by mail, delivered to a Board of Elections office, or dropped off at an Early Voting site or Election Day poll site.

## **What Will Be on Your Ballot?**

Residents of Assembly District 76 will vote for the federal, state, and local offices and ballot measures for which they are eligible based on their address. Because ballots may differ depending on where a voter lives, residents are encouraged to review their individual ballot information before voting.

Assembly Member Seawright's office is committed to ensuring the community has access to accurate and timely election information and encourages every eligible voter to make a plan to vote this November.

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**Consider Our Office Your Resource**

# American-Italian **CANCER FOUNDATION**

**Wednesday, August 26, 2026**

9:00am to 4:30pm

**Church of the Good Shepherd**

543 Main Street  
Roosevelt Island, NY 10044



**Rebecca  
Seawright**  
ASSEMBLYMEMBER



**Call to schedule a no-cost mammogram!**

**212-288-4607**

## **ELIGIBILITY:**

- Women ages 40- 75
- Currently living in NYC
- No mammogram in the past 12 months



## **Our services are at no-cost**

- No co-pays or deductibles required. Uninsured patients are welcome
- Please bring a photo ID and insurance card (if insured)
- Medical services provided by Multi-Diagnostic Services

Funded by a grant from  **Cancer Services Program** Additional funding provided by the generous support of the JALBCA, NBCF, NYC Council, NYC DOHMH, NYS Senate, NYS Assembly, RAR Foundation, and individual patrons.

## NO-COST NOTARY PUBLIC SCHEDULE

| MONDAY   | TUESDAY   | WEDNESDAY | THURSDAY  | FRIDAY   |
|----------|-----------|-----------|-----------|----------|
| 10AM-1PM | 10AM-12PM | 10AM-1PM  | 10AM-12PM | 10AM-1PM |

PLEASE REMEMBER TO BRING PHOTO ID  
AND YOUR WITNESSES IF YOUR  
DOCUMENT REQUIRES THEM



**OMNY BUS  
STOPS HERE  
(79/YORK):  
WED. 9/2, 9/16**

**10:00 AM - 12:00 PM**

REFILL YOUR  
OMNY CARD

APPLY FOR  
REDUCED FARE

**Upcoming Events**

# Community Conversations with Cornell Tech Nikolay Lukyanchikov



**Saturday, August 22 | 2:00 - 3:00 PM**

From hospital records to the smartwatch on your wrist, artificial intelligence is transforming how researchers study aging, sleep, and daily health. Join us for an educational talk exploring real-world applications of AI in healthcare, how wearable tech supports independent living, and how your privacy is protected along the way.

*No registration required. This program is held in-person at the Roosevelt Island Library.*



**CORNELL TECH**



New York  
Public  
Library

**Roosevelt Island Library**  
504 Main Street  
New York, NY 10044  
212-308-6243

Learn about everything  
happening at your branch:  
[nypl.org/locations/roosevelt-island](https://nypl.org/locations/roosevelt-island)



Animal Care Centers of NYC

# RESCUE EFFECT

**Waived Fee\* Adoption Event!**

ACC is partnering with ASPCA for a day of  
*waived adoption fees* at our Manhattan Care Center!

**Sunday, August 23**  
**11am - 5pm**

*Waived\* Adoption Fees for all  
Manhattan ACC animals!*

**Manhattan ACC  
Pet Adoption Center**  
323 East 109th Street  
New York, NY 10029

**View all pets available for  
adoption at [nycacc.app](http://nycacc.app)!**  
*Don't forget to filter for Manhattan ACC*



\*Does not include \$8.50 - \$34 NYC dog licensing fee.  
Unaltered animals may require a \$150 spay/neuter deposit.

# EsplanadeFriends

## September Events



Andrew Haswell Green Park (E. 60<sup>th</sup> and the East River)

### Live Music Event

Latin Rhythms 9/26 1-4PM

**FREE**  
Ice treats and  
**FUN** kids  
activities

### Other FREE Events

See Website for sign-up and location

Yoga



9/9 6PM

Birding



9/13 10AM

Fishing Clinic

9/28 5-7PM

Sponsored by

**FRIENDS  
OF THE  
EAST  
RIVER  
ESPLANADE**

@EsplanadeFriend  
EsplanadeFriends.org



**Rebecca  
Seawright**  
ASSEMBLY MEMBER





Carl Schurz  
**PARK**  
Conservancy

*Presents the 52nd*

# GRACIE SQUARE ART SHOW



**East End Avenue  
84th to 88th Streets**

**Saturday & Sunday  
Sept. 12th & 13th, 2026  
10:00am - 5:00pm**

**Rain or Shine  
Free Admission**

**[www.graciesquareartshow.org](http://www.graciesquareartshow.org)**

**Yura on  
East End**

50 East End Ave.  
(212) 879-8730



COMMUNITY BOARD 8 MANHATTAN presents

Submission  
deadline  
Sept. 8

# Open Call for Fall Art Show on the Upper East Side



**Show Date:**

**Saturday, Oct. 3, 2026**

*Rain date: Sunday, Oct. 4, 2026*

**Location:**

**James Cagney Place**

*E. 91st Street*

*Between 2nd and 3rd Ave.*

**Submit** photo samples of your visual artwork by **Sept. 8th** to  
[go.cb8m.com/artshow](https://go.cb8m.com/artshow) or use the QR code on this flyer



**FREE to apply and participate**  
**No drop-in vendors at the show!**



[www.cb8m.com](https://www.cb8m.com)



@CB8M



@CB8Manhattan

**In Case You Missed It: Past Editions of the Community Report**

[Community Update: August 14, 2026](#)

[Community Update: August 7, 2026](#)

[Community Update: July 31, 2026](#)

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