The benefits of shopping at farmers markets



### Dear Friend,

Summer is almost here! Our local farmers markets are open, giving us the chance to savor the bounty of fresh fruits, vegetables and local products that our region is becoming known for. Shopping at farmers markets is a great way to support our local farmers and spend a morning or afternoon enjoying the fresh air and company of friends and neighbors.

If you are age 60 or older, I encourage you to reach out to the local Office for the Aging in the first week of July to see if you are income-eligible to receive coupons for use at farmers markets through the Senior Farmers' Market Nutrition Program.

As always, if you have any questions or if I can be helpful to you in any way, please feel free to reach out by phone at 845-342-9304 or email gunthera@assembly.state.ny.us. My door is always open.

Sincerely,

Gileen M Gunther

Aileen Gunther Member of Assembly

16 James Street, 3rd Floor • Middletown, NY 10940 845-342-9304• gunthera@assembly.state.ny.us

# Florida Farmers Market

Route 17A & 94 across from Quick Chek

Tuesdays @ 11:30 a.m.-5:30 p.m. Open Date: June 11-Close Date: October 29

651-6000

floridafarmersmarket@yahoo.com warwickinfo.net/floridafarmersmarket/index.html

#### **Goshen Farmers Market**

Church Park intersection of Main and South Church Street Fridays @ 10 a.m.-5 p.m. Open Date: May 24-Close Date: November 1

294-7741

info@goshennychamber.com

www.goshennychamber.com

## Middletown Farmers Market

Erie Way, btwn Montgomery & Cottage Streets Saturdays @ 8:00 a.m.-1:00 p.m. Open Date: June 8–Close Date: October 26 343-8075 bid@hvc.rr.com www.middletownbid.org

### Pine Bush Farmers Market

Intersection of Main & New Streets behind Crawford Cultural Center in Pine Bush Saturdays @ 9:00 a.m.-2:00 p.m. Open Date: May 18-Close Date: October 19 845-978-0273 pinebushmarket@yahoo.com www.pinebushfarmersmarket.com

> 100% Voting Record for Farm Families

Member of the Bureau NY Farm Bureau CIRCLE OF FRIENDS