



Please join Assemblymember

Phil Steck



at Schenectady's
Wellness Fair

Phil Steck invites you to...



**Schenectady's free
Wellness Fair**
Sept. 7, 11 a.m. – 2 p.m.

105 Jay St., Schenectady
(outside city hall; inside if inclement weather)
Free parking on the streets and in the parking lots

Information will be available
about health and wellness, nutrition,
smoking cessation and diabetes.

Attendees can also receive
blood pressure screenings
and chair massages.

“As a diabetic, I know information is one of the key components to staying healthy. This free event is a wonderful opportunity to learn how to keep you and your family fit.”

– **Assemblymember
Phil Steck**

If you have questions about this or any other community issue, contact my office at:
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377-0902 • SteckP@assembly.state.ny.us

