



ASSEMBLYMEMBER PHIL STECK

INVITES YOU TO LEARN ABOUT
HOME SAFETY AND FALL PREVENTION

“Colonie EMS responds to more fall-related calls than anything else. Together, we’ll learn about how you can prevent falls & other injuries to you and your loved ones in your home.”

Phil Steck

1609 Union St.
Schenectady, NY 12309

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ASSEMBLYMEMBER PHIL STECK:

HOME SAFETY & FALL PREVENTION LUNCHEON

Join Assemblymember Steck for lunch at the Colonie Senior Service Center and hear from Colonie EMS Outreach Coordinator David Plouff about how you can stay safe at home and avoid falls. Assemblymember Steck will also be available to discuss what is most important to you.

On the Menu:

- Chicken Pesto Bake
- Corn Salad
- Fruit Cup
- Blondie

Substitutions are available

Monday, Aug. 22, noon
Colonie Senior Service Center
Lakeview Dining Room
6 Winners Circle Albany, NY 12205

Questions? Concerns? I'm here to help.
ASSEMBLYMEMBER PHIL STECK



To attend the program, RSVP with the Colonie Senior Service Center by calling 518-459-2857 ext. 339.

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