




We've Been Tested Like Never Before.

Together We Will Prevail.

Robert 
Smullen
Our Assemblyman

New York State Assembly
Albany, NY 12248

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We're All Feeling This...

The traumatic toll COVID-19 has taken on Upstate New York is difficult to put into words. Efforts to prevent tragedy have unleashed unprecedented economic hardship on our families and small businesses. And we're all discovering that, like the puzzles we have been doing to keep busy, rebuilding our state will be a piece-by-piece effort.

Brighter days are ahead of us. In the meantime, help is available:

Unemployment Insurance

To file a claim on the state's revamped online system, visit:
labor.ny.gov/unemploymentassistance.shtm

Small Business Help

Rebuilding our economy is going to take time, resolve, and coordination with the federal government. For up-to-date information on programs to help stabilize your small business, visit:
www.sba.gov/funding-programs/loans/coronavirus-relief-options

Prioritize Mental Health

These are extraordinarily difficult times. That's why the New York State Office of Mental Health is staffing a Coronavirus Emotional Support Help Line. Call **1-844-863-9314**.

Stay in Touch

For months, this crisis has moved quickly and unpredictably around the globe. I'm not sure where we will be in our fight against COVID-19 when this reaches your mailbox, but I will be here to help no matter what. Please call or email the office for help navigating government assistance programs, for clarifications about public health guidelines, or for more information about proposals my colleagues and I are promoting to deal with this ongoing crisis.

Thanking our Heroes

Essential workers have our backs. To our doctors, nurses, and healthcare professionals; to our first responders and law enforcement officials, to our grocery clerks and pharmacists and many others, I want to extend heartfelt thanks on behalf of the residents in the 118th Assembly District.

If you have questions on these or any other state issues, contact Assemblyman Robert Smullen at:
235 North Prospect Street, Herkimer, NY 13350
315-866-1632 • smullenr@nyassembly.gov



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