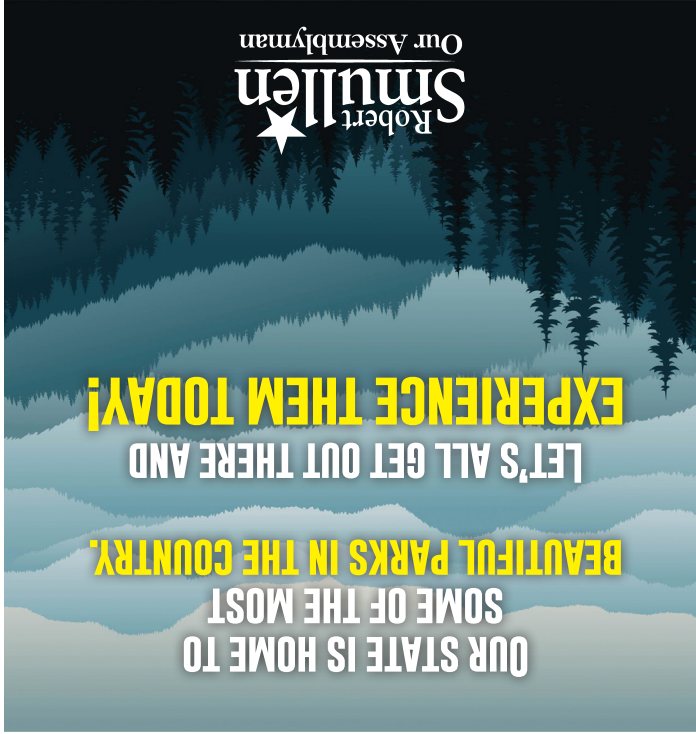




**Robert Smullen**  
Our Assemblyman



**Robert Smullen**  
Our Assemblyman

**OUR STATE IS HOME TO  
SOME OF THE MOST  
BEAUTIFUL PARKS IN THE COUNTRY.  
LET'S ALL GET OUT THERE AND  
EXPERIENCE THEM TODAY!**

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*Dear Neighbors,*

Listening to community members is one of the most important responsibilities I have as your state Assemblyman. If you have any comments, questions, or concerns, please don't hesitate to reach out to me and visit my District Office at: 41 East Main Street, Room 108, City Hall, Johnstown, NY 12095. You can also feel free to call 518-762-1427, or send me a fax at 518-762-9871. Thank you for your continued support and collaboration to make Central and Northern New York the best place to live!



*Robert Smullen*

Assemblyman Robert Smullen

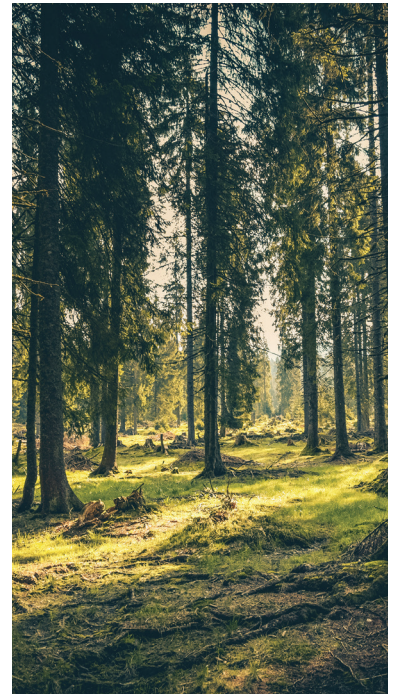
Sincerely,

**Robert Smullen**  
Our Assemblyman

*August 25th is the 105th Anniversary of the National Parks Service, making this a perfect time to see what our state has to offer in the way of natural beauty. There's still a lot of time to get outdoors and enjoy the natural wonders of New York, and I have compiled a list of my own personal recommendations for what to check out:*

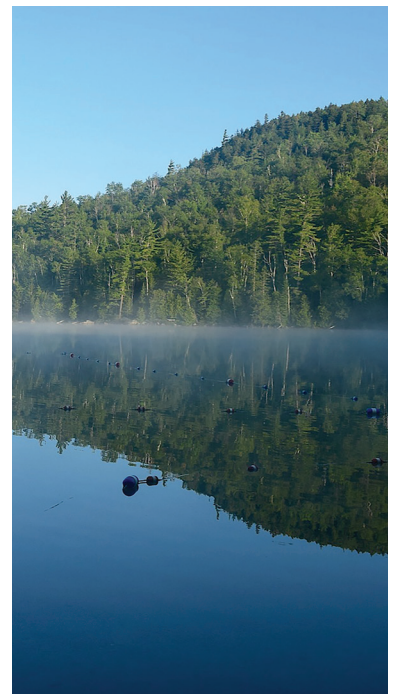
## WHISKEY FLATS STATE FOREST

- Located in St. Lawrence County, Whiskey Flats was created with the purpose of reforestation, wildlife management, timber production, recreation and watershed protection.
- The forest has 12.3 miles of multi-use trails, unpaved road, and snowmobile routes that traverse the property and provide access, and should provide good fun for any hikers.
- Primitive camping is allowed in the forest, must be 150 feet away from the nearest trail, road, or river, and long stays usually require a permit from a Forest Ranger.
- Hunting and trapping is also allowed.
- The forest is accessible for those with disabilities, particularly for motorized access for those with mobility impairments.



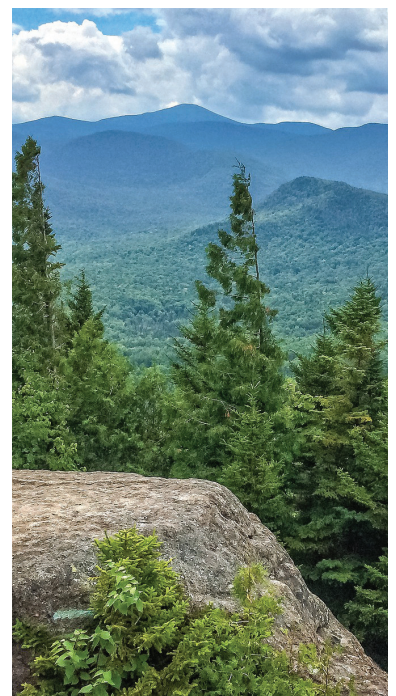
## FIVE PONDS AND PEPPERBOX WILDERNESS

- Open year-round and free, Five Ponds and Pepperbox Wilderness is for the truly adventurous, as it provides some of the most remote wilderness in the Adirondacks, with few trails leading to it.
- There are over 52 miles of marked foot trails to hike.
- Primitive tent sites and lean-tos are available on a first-come, first-served basis.
- Premium paddling opportunities are available in and around the waters of Five Ponds and Pepperbox.
- 12 named rivers and streams and 105 ponds and lakes in at least 2 acres in size make this area the perfect fishing stop.
- You will probably also see some wildlife, as 50 unique species live in the region.



## ADIRONDACK PARK

- Encompassing one-third of the total land area of New York State, the Adirondack Park is an internationally-recognized gem.
- It's known for its extensive wild landscapes, including some old-growth forests, wildflowers as far as the eye can see, and hundreds of species of shrubs, herbs, and grasses.
- An incredible number of hiking trails are available for use, some ranging as high as 2,500 ft.
- The Department of Environmental Conservation maintains 47 camp sites within Adirondack Park, including primitive camping, canoe camping, lean-tos and more.
- 3,400 lakes and ponds and 865 miles of wild and scenic rivers populate the park, making it the perfect spot to do some paddling or canoeing.
- From early spring to late fall, the Adirondacks offer a wide variety of fishing opportunities.
- Rock climbing, biking, horseback riding and more are all available recreational opportunities here – it truly is a place like no other.



## GREAT SACANDAGA LAKE

- The premiere fishing spot in the region, Great Sacandaga Lake is located in Fulton and Saratoga counties, running almost 25,000 acres wide
- Four boat launches offer convenience for any fishermen looking to spend time in its pristine waters
- Because of its size, several fish species call Great Sacandaga home, from Largemouth Bass to Yellow Perch, from Redbreast Sunfish to Rainbow Trout.
- Open year-round, Great Sacandaga even offers ice fishing opportunities.

**FOR THOSE LOOKING TO LEARN MORE ABOUT OUR WONDERFUL STATE PARKS, CONSIDER VISITING THE DEPARTMENT OF ENVIRONMENTAL CONSERVATION'S WEBSITE: [www.dec.ny.gov](http://www.dec.ny.gov)**

*So what're you waiting for? Get out there; enjoy the fabulous weather and the wonderful natural beauties of our great home state. You might see something you've never seen before, or have a memory you'll never forget. Remember to leave each area as you left it, and do your part to protect our amazing state parks.*

For more information on this or any other state issues, contact Assemblyman Robert Smullen at:

5659 State Route 5, Suites 1-3, Herkimer, NY 13350  
315-866-1632 • [smullenr@nyassembly.gov](mailto:smullenr@nyassembly.gov)

Robert  
**Smullen**  
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