

# Steuben County Aging in Place Event

I will be co-hosting a fun and informative event with the Steuben County Office for the Aging to inform seniors about available services and programs.

Bill Armbruster, Associate State Director of AARP, will be on hand to speak about community resources available to assist seniors to age in place. Various community organizations also will have information available about helpful aging in place resources. Refreshments will be served and door prizes will be awarded.

For more information on the event, please contact Mike Keane at the Steuben County Office for the Aging at 607-664-2298.

**Where:** Methodist Church  
Webbs Crossing Road  
7528 North Main Street Ext.  
Hornell

**When:** Friday, June 1  
1 – 3 pm

## Yates County Save the Date!

Office for the Aging Summer Picnic: Wednesday, July 18 at noon  
Penn Yan American Legion Pavilion

Ready, Set, Retire: Retirement Planning Fair on Thursday,  
September 20, 5-7 PM, Dundee  
Location to be determined

Please contact the Yates County Office for the Aging at 315-536-5515 to find out more.



Dear Friend,

This brochure is designed to acquaint you with some of the special programs and services available to senior citizens in New York State.

Since this is intended as a general introduction to a wide range of programs, you may find you have questions not answered here. In that case, you should contact the federal, state, or local agency administering the program.

Keep in mind these programs have been designed to help meet your needs, so if you're not sure which agency to turn to, or if you encounter any problems in your search for assistance, please don't hesitate to call me.

Sincerely,

Phil Palmesano

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105 East Steuben Street • Bath, NY 14810 • (607) 776-9691  
palmesanop@assembly.state.ny.us

### Helpful Numbers:

|  |              |
|--|--------------|
| Elderly Pharmaceutical Insurance Coverage (EPIC) | 800-332-3742 |
| NY Connects                                      | 866-221-7324 |
| Social Security Administration                   | 800-772-1213 |
| Veterans Affairs Benefits                        | 800-827-1000 |
| Steuben County:                                  |              |
| Office for the Aging/ RSVP/Ombudsman             | 607-664-2298 |
| Yates County:                                    |              |
| Office for the Aging/Ombudsman                   | 315-536-5515 |
| RSVP   | 607-535-7105 |

New York State Assembly, Albany, NY 12248



Assemblyman  
**PHIL PALMESANO**

Working for  
Seniors

# Phil Palmesano: Working for Seniors

## Great News!

### EPIC Co-pay Restoration

I am happy to report that the New York State 2012-2013 Enacted Budget takes some important steps to keep New York's most vulnerable populations healthy and safe. We were able to restore the Elderly Pharmaceutical Insurance Coverage (EPIC) prescription drug co-pay assistance program, bringing the maximum co-pay qualified seniors will pay to \$20. More specifically, EPIC-enrolled seniors who have met their deductible or fee will pay the following co-pays for prescriptions starting January 1, 2013:

| Prescription Cost | Co-pay |
|-------------------|--------|
| \$15 or less      | \$3    |
| \$15.01 - \$35    | \$7    |
| \$35.01 - \$55    | \$15   |
| \$55.01 and up    | \$20   |

For more information about EPIC, call **800-332-3742**.

## NY Connects

If you are committed, like so many others, to the prospect of aging in place, you may need help when challenges arise. Do you have supportive family members that live close by, or are you like so many others whose relatives have relocated?

Regardless of your circumstances, the NY Connects Program can find solutions for you! The staff can provide accurate, unbiased information about all long-term care services for people of all ages and income levels. Caring professionals are ready to help you plan for care while remaining as independent as possible. They can assist you in finding bathing or housekeeping help, home delivered meals, transportation, therapies and much more.

Call **866-221-7324** and NY Connects can help YOU age in place!

## Senior Nutrition Programs

Pro-action offers two great solutions for residents in Steuben and Yates over age 60. For those who are limited in their ability to get out of the house, the home-delivered meals option provides up to two nutritious meals per day, right to your door. For those who can get out and about and wish to socialize with peers, meals are served on weekdays at congregate meal sites in each county. Each meal provides 1/3 of the Recommended Daily Allowances of important nutrients.

### In Steuben County:

**Contact: Pro Action Senior Nutrition Office 607-776-4310**

For home delivered meals, please call Steuben Office for the Aging at 607-664-2298 to enroll. To attend a lunch, simply reserve your spot at one of the following locations:

- Addison: Addison Place Apartments; 43 William St ... (607) 359-9297
- Bath: Clyde Simon Lakeview Apts.; 105 Geneva St .. (607) 776-4310
- Corning: Corning Senior Center; 1 Park Lane..... (607) 962-2009
- Corning: Dayspring II Apartments; 220 Tioga Ave..... (607) 769-9786
- Hornell: Church Street Court Apts.; 71 Church St. .... (607) 324-0814
- Hornell: Hornell Senior Center; 20 Broadway Mall ..... (607) 324-8609
- Pulteney: First Presbyterian Church; Main St. .... (607) 794-2713
- Wayland: Little House Café; 3rd Avenue Ext..... (585) 690-0300

### In Yates County

**Contact: Pro Action Yates OFA Main Office 315-536-5515; Pro Action Yates OFA Central Kitchen 315-536-6038**

Attend a lunch or special event dinner by reserving your spot at 315-536-5515. For home delivered meals, call 315-536-6038 to enroll.

- Penn Yan: Penn Yan American Legion, Himrod Road . (315) 536-6038
- Dundee: St. Mark's Terrace, Mallard Street..... (315) 536-6038

## Long-Term Ombudsman Program

Certified Ombudsmen are a vital link between residents of long-term care facilities and the government resources able to investigate and resolve their problems. Ombudsmen are committed to advocating for these senior citizens and ensuring that residents' rights, unmet needs and complaints are handled and resolved effectively, while maintaining resident and complainant confidentiality. In this way, Ombudsmen protect and help improve the quality of life for the frailest of New York's senior population.

If you know someone that lives in a Steuben or Yates County long-term care facility and needs assistance with a concern or if you would like to become a part of this very important program, call the Steuben County Office for the Aging at **607-664-2298** or the Yates County Office for the Aging at **315-536-5515**.

## Retired & Senior Volunteer Program (RSVP)

RSVP offers older adults aged 55 and over the opportunity to contribute their talents and experience to fulfill every conceivable service need in the community. These volunteers, through 38 projects, serve almost 6 million hours annually in conjunction with over 3,750 community organizations. RSVP projects are directed by local community needs and are supported by federal, state and local funding. Federal funding is provided by the Corporation for National Service. Significant local support is provided by county and local governments, participating not-for-profit organizations and many private-sector sources.

RSVP volunteers serve through a variety of community organizations and agencies providing traditional and non-traditional volunteer services throughout the local communities. Older adults have shown there is no more satisfying activity than giving of your time to help others through their generous service to agencies throughout New York State. Those who are interested should contact their county's program coordinator. In Steuben County, call **(607) 664-2298** and in Yates County, call **(607) 535-7105**.