Assemblyman
MIKE N★RRIS

A special report from Assemblyman Mike Norris

Coming Together As A Community: How We Can Help

Our community —
and the entire world
— has experienced an
unprecedented time.
While there remains a
lot of concern, I am also
deeply impressed by how
our community is working
together and becoming
even stronger in this
historic time. Many of you
are wondering how you
can help. There are many
worthwhile organizations
in need right now — here
are a few to consider. Me
and my staff are still hard
at work for you.
Please do not hesitate to
reach out.

Wishing you all good
health,

Mike

Donate Blood

Blood banks across our state are facing
shortages. If you are healthy and able, please
contact the American Red Cross or Connect
Life about opportunities to donate. Through the
Red Cross of Western New York, you can also
get great training and certified in important life-
saving skills like CPR and first aid, or volunteer
in other ways.

Learn more:

American Red Cross of Western New York
786 Delaware Avenue
Buffalo, NY 14209
(716) 886-7500

Connect Life
4444 Bryant and Stratton Way
Williamsville, NY 14221
(716) 529-4300

Assemblyman
Mike Norris is
pictured here
donating blood
during the
coronavirus
pandemic

Donate to Your Local Food Pantry

During this global health pandemic, many of
our hardworking friends and neighbors have
hit hard times financially as well. As families,
seniors and individuals have a harder time
putting food on their tables, the need at our
local food pantries and food banks is great.

Please consider picking up a few extra
non-perishable items to donate to these
local organizations in order to help keep our
neighbors in need well fed throughout this
crisis. To find a food pantry near you, please
go to www.foodbankwny.org.

Other ways to help:

- Contact your local volunteer fire
  company to learn how you can sign
  up to become a volunteer firefighter or
  EMT. The need is always great.

- Support your local restaurants, family-
  run shops, museums, and community
  sites by purchasing memberships or
  gift cards to be used later.

- Continue to stay informed and follow
  safe guidelines. For updates, please
  go to coronavirus.health.ny.gov or call
  the state's toll-free, 24/7 hotline at
  1-888-364-3065.

For more information on any state issue, please contact Mike Norris:

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